

# ENVIRONMENTAL LITERATURE

## WRITING THE WILD: EXPLORING NATURE WRITING IN SCOTLAND

Orientation Information



2019 STUDY ABROAD

## Contents

Tentative Program Itinerary.....	4
General Information .....	5
Student Expectations and Responsibilities:.....	5
Attendance and Program Policies .....	5
Travel Arrangements .....	6
Housing .....	6
Meals and Other Expenses .....	6
Cost of Living .....	7
Personal Funds .....	7
Time .....	7
Keeping in Touch .....	8
Accommodation Information .....	8
4. Packing .....	9
What to Bring .....	9
What NOT to Bring.....	9
Packing List .....	10
After Your Arrival .....	11
Jet Lag .....	11
The First Few Days.....	11
Security .....	12
Changes in Study Plans .....	12
Culture Shock .....	12
Emergency Contact Information.....	13
Emergency Phone Numbers in Scotland.....	13
Medical Services in Each Program Location .....	13
Landmark College Conditions of Participation.....	14
Health and Safety.....	14
Services.....	15
Independent travel.....	15
Non-sanctioned activities .....	15
Leaving the program .....	15
Air transportation .....	16
Travel delays and unexpected layovers.....	16

Identification.....	16
Lost passports.....	17
Fee amounts.....	17
Intervention Procedures .....	17
Landmark College Safety Statement.....	19
Insurance .....	19
Staffing .....	19
Communication .....	20
Important Information.....	20
Orientation .....	20

**UK Environmental Literature Program**  
**Writing the Wild: Exploring Nature Writing in Scotland**  
**Landmark College**

Program Director: Lucy Stamp  
Academic Director: Ned Olmsted

<b>Tentative Program Itinerary</b>
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Saturday, July 6: Flight to Scotland

Flights for this program are not yet confirmed, but flights will be out of either New York or Boston. Landmark will arrange a shuttle from campus to the airport and back, if there is enough interest. Flight information will be sent separately

Sunday, July 7: Students arrive in Edinburgh, Scotland and travel by bus to the Isle of Skye

**Week 1**

Isle of Skye, Scotland (July 7-July 14)

- July 6--Depart for Edinburgh, Scotland
- July 7--Arrive in Edinburgh and travel to Carbost, Isle of Skye, the largest island in the inner Scottish Hebrides
- July 8—Class session (Orientation to the course) and brief tour of Carbost on the shores of Loch Harport/ Group Meal
- July 9—Class session and half-day hike to Camasunary bay near Elgol on the Strathaird peninsula
- July 10—Day hike to the base of the black Cuillin mountain range and Glenbrittle beach
- July 11—Optional morning hike to Talisker Bay/ Afternoon class session
- July 12—Tour of the isle of Skye (including the Fairy Glen, The Old Man of Storr, Portree [the largest town and capital of Skye], and the Quirang,
- July 13—Class workshop session/ Final day to explore, complete remaining assignments, and prepare for journey to the Isle of Eigg



**Week 2**

The Isle of Eigg (July 14-July 21)

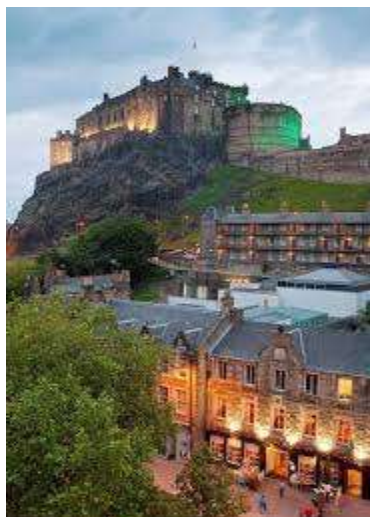
- July 14--Travel via ferry from Armadale to Malaig and Malaig to the Isle of Eigg/ Brief orientation to the island
- July 15—Class session/ local hike to Kildonnan beach/ Group Meal
- July 16—Class session/ Bike tour and/or guided hike of the Island



- July 17—Free day to explore
- July 18— Laig Bay and forest walk/ Class session
- July 19-- Guided hike or ferry trip to the isle of Muck or Rum.
- July 20—Class session/ workshop, final day to complete assignments and prepare for the journey to Edinburgh.

### Week 3

#### The capital city of Edinburgh (July 21-27)



- July 21--Travel from the Isle of Eigg via ferry and the west highland railway to the capital city of Edinburgh, Scotland.
- July 22-- Explore the capital city's medieval old town and the neoclassical architecture and gardens of Edinburgh's new town/ climb Arthur's seat, an imposing peak with spectacular views of the city near the palace of Holyrood
- July 23—Class session/ Trip to Edinburgh's Botanical gardens
- July 24—Class session/ Group meal
- July 25—Day trip to Stonehaven and hike to Dunnottar castle on the East coast of Scotland
- July 26—Morning class session/workshop and prepare for departure to the US or Botswana
- July 27—Depart for the US or Botswana

## General Information

### **Student Expectations and Responsibilities:**

Summer study abroad is an intensive academic and social experience requiring your commitment and respect to the working group and the culture which you are now an integral part.

The customs, sense of time, language, food, etc. will be different to you. It is essential that you try to maintain patience, respect, and sensitivity to the new culture you are encountering. This will help you experience all that foreign travel has to offer and will help you properly represent yourself as a compassionate and curious individual. Try to think of yourself as an "Ambassador" of your own country and of Landmark College. Whatever impression you give people in your host culture may shape their impression of all people from your country and/or all Landmark College Students.

You are expected to conduct yourselves with maturity, responsibility, and sensitivity always. Similarly, you are required to live by the Landmark College code of conduct and are subject to the institution's disciplinary procedures and policies.

### **Attendance and Program Policies**

Students are required to comply with the policies of Landmark College on this study abroad program.

They must attend all classes, lectures, field trips, and required functions in order to successfully complete this program. There are no excused absences from classes. After one absence, a student will receive a warning. At the second absence a student may be liable for dismissal from the program and sent home at their own or their parents' expense.

The use of illegal drugs in the UK is a serious offense that can negatively impact the safety of program members and our ability to effectively continue the program. Neither alcohol nor drug abuse will be tolerated on this program; a student will be sent home for this offense at the discretion of the Program Leaders and at the student or parents' expense.

## **Travel Arrangements**

### **Travel to and from Scotland, UK:**

Students departing from the US and will be accompanied by Ned Olmsted, the Academic Director for the trip, and Lucy Stamp, the program director. The group will arrive in Edinburgh, Scotland on the morning of Sunday July 7. Students will return to the US from Edinburgh Scotland on Saturday, July 27.

### **Travel within Scotland:**

All in-country transportation costs associated with the program—such as any bus, train, or ferry tickets associated with required program activities, will be included in the fees for the program. Any travel expenses that are not associated with the program itinerary will be considered the responsibility of the program participant. Any lost train tickets will need to be replaced at the student's expense.



## **Housing**

At the three different locations where we will be staying in Scotland, UK (The Isle of Skye, the Isle of Eigg, and Edinburgh), a variety of different accommodations will be provided. On the Isle of Eigg and the Isle of Skye we will be staying in large houses booked for exclusive use by members of our group. Both houses are equipped with multiple bathrooms, a fully equipped kitchen, and large living and dining areas. All locations are equipped with coin operated laundry facilities. In Edinburgh, we will be staying at a youth hostel in the center of the city where students will have private rooms. Room assignments will be made primarily according to twin or triple occupancy.

## **Meals and Other Expenses**

Students will need to budget their money. The exchange rate is currently about 1.33 dollars to the pound. Students should allow themselves about \$200 per week for meals and personal expenses. This is an estimate. Some students may spend a lot less than this

amount and some may spend more depending on meals, gift buying, entertainment, postage, phone calls, etc.

Both houses where we will be staying on Skye and Eigg come with fully equipped kitchens. The youth hostel in Edinburgh also has kitchen facilities available for use on site, but these facilities will be shared with other residents of the hostel. We will also have a few group meals during the trip. Aside from these occasions, students will need to arrange and pay for all food expenses.

### **Cost of Living**

The British unit of currency is the pound. As previously mentioned, the current exchange rate is approximately 1.33 dollars to the pound, and this rate is likely to fluctuate. **The Cost of Everyday Items will vary depending on the location in Scotland. Prices in Edinburgh tend to be a little higher than elsewhere in Scotland.**

### **Personal Funds**

Students should have a combination of ways to access personal funds while in the UK. These should include an ATM (or Debit) card and a credit card with a pin number—in case the ATM/ Debit card is lost or stolen (preferably a Visa or MasterCard). If students choose to rely primarily upon ATM/Debit and credit cards, it might be a good idea to set up an online account so they can track their expenses via the internet when at locations where internet is accessible. Having more than one credit card available (one to carry with them in their wallet and another to keep secured in their luggage back at the accommodation) is generally a good idea as a back-up in case of theft. Students are generally discouraged from bringing large quantities of cash with them.

**ATM/Debit Cards:** In most locations, students will be able to withdraw cash from their home accounts at CIRRUS or PLUS ATM machines linked with their bank's system. Students should check their ATM/Debit card for the CIRRUS or PLUS mark. Their bank should also have a list of cooperating banks abroad which have ATM's where their card will be accepted. Students should ask about bank fees charged for each transaction.

**Visa and MasterCard:** Credit cards (American Express is not widely accepted) are generally accepted at most restaurants, shops, and hotels in Britain. Many credit cards (but not all) charge a fee for each foreign transaction. Students should check with their credit card company regarding travel related fees prior to departure.

**Be sure to notify your debit and credit card company that you will be using your card in Scotland.** Failure to do so can result in your not being able to withdraw cash.

### **Time**

Great Britain is 5 hours ahead of Eastern Standard Time, so when it is 12:00 noon in Boston, New York, and Atlanta it is 5:00 p.m. in Scotland.



## **Keeping in Touch**

Due to the intensive academic and travel itinerary we ask that you let your family know that you will be calling them a couple of days after your arrival in Edinburgh. You may need a few days to do so as jet-lag, travel, etc. will be consuming your time and energy. We also suggest that you try to assimilate into your new culture as much as possible. Frequent contact with home can often interrupt this valuable process as well as impede your ability to study.

Telephones, skype, and e-mail (where available) will be the most reliable way of communicating in Scotland. It's important that you check with your service provider to determine the availability/cost of an international plan you can use with your existing phone. If your phone is unlocked, you may be able to purchase a local SIM card with a data plan very inexpensively. You can also purchase pay as you go phones for use within the country prior to travel.

E-mail: Wireless internet will be available at all the locations where we will be staying in Scotland. The internet will be less reliable on the Isle of Skye, however, where it is only available at the Inn next door to the Waterfront Bunkhouse

## **Accommodation Information**

Carbost, Isle of Skye, Scotland  
July 7-14  
The Old Inn, Skye  
Waterfront Bunkhouse  
Carbost, Isle of Skye IV47 8SR, United Kingdom  
+44 1478 640205



Isle of Eigg, Scotland  
July 14-21  
Glebe Barn  
Isle of Eigg, Scotland, PH42 4LR, United Kingdom  
+44 (0)1687-315099



Edinburgh, Scotland  
July 21-27  
Edinburgh Central Youth Hostel  
9 Haddington Pl, Edinburgh EH7 4AL, United Kingdom  
Phone: +44 131 524 2090





# Packing

## What to Bring

You are going to have to carry whatever you bring by yourself, so leave behind half of what you think you may need. This “leave half behind rule” is a time-tested study abroad/travel tip. Many unhappy students can attest to struggling with their heavy luggage on and off buses, trains, stairs, etc. Don’t be one of them. You will be limited to two pieces of luggage (the second you will have to pay for if it is too big to be considered a carry on). I would suggest bringing **a large backpack (a backpacker’s backpack)** and a smaller bag to carry with you (preferably a smaller bag on wheels that can easily be lifted with one hand upstairs—when necessary). The Scotland trip requires some moving around (more than many other study abroad trips). There are often stairs on ferries and in train stations along our route, which can be difficult to navigate. Large suitcases/ duffle bags with wheels aren’t really appropriate for this type of trip.

Keep in mind that overseas it’s perfectly acceptable to wear the same outfit a few times in one week. If you plan carefully so that all articles of clothing mix and match, you can create plenty of different outfits from a minimum number of items. Choose wisely!

It can be warm in Scotland in July, but it can also be very cold and rainy. You need to be prepared for all kinds of weather. We suggest that you bring a raincoat and umbrella, waterproof shoes, and warm layers - last time I was in Scotland in July, I wore a rain coat, a fleece jacket, a sweater, and a long-sleeved shirt one day, and I was still a little cold! However, you should also plan to bring clothing and shoes for warm weather and sun, including a bathing suit. Beware that cool temps can be deceiving and you can still get sunburned, so come prepared.

## What NOT to Bring

You should not bring anything that cannot be replaced because of cost or sentimental value. Loss and/or theft are possibilities—especially if you bring expensive or flashy items.

If you are going to bring electrical appliances—like hairdryers or electric razors—they must be dual voltage, and you must bring an adaptor for the UK. More than one adaptor is recommended since it’s not uncommon for students to leave adaptors behind in their rooms.

Please do not bring:

- Large Musical Instruments such as guitars
- Fancy Clothes

See the packing list on the next page!



## **Packing List**

### **Essentials**

- ☐ ATM/Debit card & credit card (w/ PIN)
- ☐ Effective alarm clock & batteries
- ☐ Prescription meds (and vitamins if you take them) - enough for the entire trip! Bring meds in their original containers and a copy of the prescription.
- ☐ Toiletries: shampoo, soap, deodorant, hairbrush/comb, toothpaste, lotion, etc. These items are not readily available in our locations.
- ☐ Band-aids and Antiseptic ointment
- ☐ Sunglasses, sun hat, sunscreen
- ☐ Swimsuit
- ☐ Extra pair of glasses, if you wear them
- ☐ Laundry detergent for washing clothes at laundromats or in the sink or tub
- ☐ Camera (smartphone camera is ok)
- ☐ A flash drive (thumb drive)
- ☐ Flashlight or headlamp (we recommend bringing both) and extra batteries
- ☐ Daypack (can be your carry-on) and a travel pouch to wear on your waist or around your neck
- ☐ Bath towel (may not be supplied in each location)
- ☐ Umbrella

### **Course Materials**

- ☐ Laptop: although internet access will be limited at least one of our locations, you will still need your computer to complete assignments.
- ☐ Pocket size journal and pens/pencils for journaling/sketching
- ☐ Don't forget your course reader!!!!!! (purchase at the Landmark bookstore)

### **Clothing**

- ☐ Sturdy, comfortable, waterproof hiking boots with ankle support
- ☐ A waterproof raincoat and rain pants.
- ☐ Comfortable sandals for warmer weather. Waterproof sandals will work best since we will be close to the water for the first two weeks of the trip.
- ☐ Lightweight trousers or jeans (2 pairs)
- ☐ Two pairs of shorts
- ☐ Moisture wick or fast drying t-shirts: 4-5. Try to minimize those with American team names, slogans, etc.
- ☐ Cotton long-sleeved tops or shirts: 2-3
- ☐ Sweaters/Fleeces
- ☐ A medium weight jacket, and a lightweight jacket for warm weather and evenings
- ☐ Underwear and socks: enough for at least one week
- ☐ Pajamas

## After Your Arrival

Your first few days abroad can be an exciting time of adventure and discovery. They can also be filled with fear, frustration and regret for having put yourself into this situation. The category you fall under depends upon your attitude.

If you see your situation as a challenge full of new and interesting experiences, you will most likely fall into the first category. If you expect to have the same lifestyle and do everything the way you did in your home country, you will most likely fall into the second category. Most students find themselves somewhere in between.

### **Jet Lag**

Unfortunately, there is no avoiding jet lag. The disorientation it causes will make you want to wake up in the middle of the night or sleep in the middle of the day. Jet lag can also affect your digestive system and weaken your immune system, making you more susceptible to illnesses. It is estimated your body needs one day to recover for every time zone you cross. Do not expect to be at your best during the first few days!



Try to observe normal sleeping and waking hours as soon as possible. Instead of going to bed when you arrive, you should take a short nap (if necessary) and then go to bed at your normal time that evening. During your flight, drink plenty of water to stay hydrated. Avoid alcohol, carbonated beverages, and caffeine as they greatly heighten the discomfort and disorientation of jet lag. Also, trying to sleep on your flight over will be very helpful.

### **The First Few Days**

Begin to explore your new environment. It is not unusual to feel depressed after the initial excitement wears off. You may want to cry and withdraw to your room. This is O.K. for a time; everyone gets lonely when they are far from home, but do not dwell on what you have left behind. You are abroad for a new experience and it takes some time to adjust. If your homesickness or depression continues (more than a few days,) and is interfering with your academic work and social life, please speak with the faculty. They want you to feel comfortable in your new surroundings.

Take some action to tackle your feelings of disorientation and homesickness. Do not be afraid to explore the area surrounding your accommodations. Do not worry about getting lost. It is often the best way to get to know the area! Look for landmarks to avoid getting really lost.

Above all, enjoy yourself. Meet the locals, stop at a local café, and take a few minutes to have some coffee, tea or soda and just people-watch!

## **Security**

Crime rates are generally lower in many countries than they are in the U.S. but be aware of pickpockets and purse-snatchers. This is especially true at major tourist attractions throughout Europe.

Bad Ideas: Over the shoulder purses and wallets in hip or back pockets.

Good Ideas: Necklace wallets and money belts.

The international political arena is constantly in flux and the relationships between the U.S. and other nations changes often. As an American student, you may have some concerns about how international tensions can affect you while traveling and studying abroad.

Americans are not always liked or understood, and this dislike may be expressed to you through derisive looks or comments. To protect yourself from more dangerous responses, there are several common sense steps you can take. Consider these measures:

- ❖ Avoid hanging out with large groups of other Americans and speaking English in a loud boisterous manner when in public.
- ❖ Avoid clubs or establishments known to have predominantly American clientele, particularly if that clientele is largely U.S. service people.
- ❖ Report any suspicious persons or packages to authorities.
- ❖ Do not leave your baggage, backpack, valuables, etc., unattended.
- ❖ Try to blend in as much as possible. It will be easier to do this if you avoid wearing clothing with American logos.

Common sense and a cool head will help insure your experience abroad is safe and enjoyable. If you or your family has any questions regarding safety, please contact the group leader.

## **Changes in Study Plans**

Should you experience any academic problems while studying abroad, please contact your program director immediately. You will be responsible for any changes in your flight plans and cost that may accrue.

## **Culture Shock**

Culture shock is something you may experience during your study in Scotland. Although the UK is similar to the United States in many ways, you will be visiting a culture which, in some subtle and some not so subtle ways is different. Culture shock is the impact of moving from a familiar culture to one that is unfamiliar. It includes the shock of living in a new environment, meeting a lot of new people, and being away from family, friends, and others who are important to you. There may be times during which you will feel exuberant about your experience abroad and times when you will feel tired, depressed, and even angry about being in a foreign country. There will be rewarding experiences as well as frustrating ones.

There are some things you can do to help yourself through the difficult times you might experience while you are abroad:

- ❖ Remember that experiencing the ups and down of living in and adjusting to a new culture is normal. Most everyone goes through it.
- ❖ Stay in touch with home. Keep your Landmark or personal e-mail account active; use it to contact family and friends. Make an occasional telephone call to your family or to close friends. Send postcards.
- ❖ Have familiar things around you, photos of people who are important to you and places that are important to you. Bring something small that has personal meaning to you. Bring recordings of music that make you feel comfortable.
- ❖ Exercise regularly, get a reasonable amount of sleep, and watch your diet.
- ❖ Talk with other students and your instructors about what you are experiencing.
- ❖ Don't isolate yourself
- ❖ Avoid drinking too much

## **Emergency Contact Information**

### **Emergency Phone Numbers in Scotland**

Ambulance: dial 999

Police: dial 999

Fire: dial 999

### **Medical Services in Each Program Location**

#### **Carbost, Isle of Skye, Scotland, United Kingdom**

Dr Mackinnon Memorial Hospital

Broadford

Isle Of Skye IV49 9AA

+44 (0) 1471 822491

#### **Isle of Eigg, Scotland, United Kingdom**

The Small Isles Medical Practice

Isle of Eigg PH42 4RL

Surgery tel. 01687 482427

Fax. +44 (0)1687 482415

Mob. +44 (0) 7900 051 685

#### **Edinburgh, Scotland, United Kingdom**

Royal Edinburgh Hospital

Morningside Place

Edinburgh EH10 5HF

Tel: +44 (0)131 537 6000

# Landmark College Conditions of Participation

## **Health and Safety**

In a Study Abroad program, as in other settings, participants can have a major impact on their own health and safety through the decisions they make in preparation for and during the program.

Participants should:

- Read and carefully review all materials issued by Landmark College and any partnering institutions that relate to safety, health, legal, environmental, political, cultural, and religious conditions in host countries.
- Consider your health and other personal circumstances when applying for or accepting a place in a program. Note: Some programs may require students to participate in physically demanding activities. If the student feels that s/he is unable to participate due to health concerns, s/he may consult with program leaders to determine an appropriate alternative activity.
- Make available to the Program Director accurate and complete physical and mental health information that may relate to your ability to participate safely in the study abroad program and any other personal data necessary in planning for a safe and healthy study abroad experience, and for responding to an emergency situation. This is in addition to information already provided to the Landmark College Health Office.
- Assume responsibility for all elements necessary for your personal preparation for the program, and participate fully in all orientations.
- Obtain and maintain appropriate insurance coverage and abide by any conditions imposed by the carriers.
- Inform parents/guardians/families and other relevant people about your participation in the Study Abroad program, provide them with emergency contact information, and keep them informed on an ongoing basis.
- Understand and comply with the terms of participation, codes of conduct, and emergency procedures of the program, and obey host-country laws.
- Be aware of local conditions and customs that may present health or safety risks when making daily choices and decisions.
- Promptly express any health or safety concerns to the Program Directors and/or other appropriate individuals.
- Behave in a manner that is respectful of the rights and well-being of others, and encourage others to behave in a similar manner.
- Accept responsibility for your decisions and actions.
- Become familiar with the procedures for obtaining emergency health and law enforcement services in the host country.
- Follow the program's policies regarding keeping program staff informed of your whereabouts.

## **Services**

The Landmark College Study Abroad fee covers all scheduled program expenses including international air and all required in-country ground transportation, accommodations, tuition, admission fees to scheduled places of interest, and some group meals.

Participants are expected to pay for all personal expenses, including some meals, snacks, laundry, passport fees, and other miscellaneous travel expenses. Students may also be required to purchase textbooks and other course supplies depending on their program.

## **Independent travel**

Participants are expected to use the transportation arranged by Landmark College between the points of departure and return. Participants who choose to travel independently during the program during non-course-related times must inform the Program Director in writing of his/her planned itinerary, including a full itinerary with time and date of departure and return, mode of travel, contact information for housing, phone numbers, etc. Students are generally discouraged from changing plans to travel back to the U.S. independently, but if they choose to do so, they must inform the Program Director and the Director of Experiential Education in writing of their plans not to return on their scheduled flight.

Landmark College and its employees assume no responsibility for the individual once s/he has separated him/herself from the program.

It is strongly recommended that all students inform their parents/guardian when making independent travel arrangements.

## **Non-sanctioned activities**

Students choosing to participate in non-sanctioned activities during their free time at any point in the program release the College from all responsibility and liability associated with such activity. Landmark College strongly discourages participation in dangerous activities, and strongly recommends parents/guardians be consulted regarding the advisability of any potentially dangerous activities.

## **Leaving the program**

Landmark College Study Abroad students who leave their scheduled program at any time without informing the Program Director in writing and obtaining his/her approval may be subject to disciplinary action, including immediate suspension or dismissal from the program and direction to return to the United States, as detailed in the Intervention Procedures – see below. Landmark College and its employees have no responsibility for the individual once s/he has separated him/herself from the program. All travel expenses associated with an early departure will be borne entirely by the participant.



## **Air transportation**

Landmark College arranges for the ticketing of scheduled international air transportation and program-related in-country air and ground transport for the participant through commercial airlines or travel agents. Participants agree that Landmark assumes no responsibility or liability for death or injury to the participant or for loss of or damage to property (including baggage) resulting from the provision of air transportation and other services. The passenger contract issued by the airlines will constitute the sole contract between the airline and the passenger.

Landmark College reserves the right to change the air transportation dates, times, prices, and itinerary, and to make aircraft substitutions. Any additional costs resulting from such changes will be borne solely by the participant.

Landmark College will designate the times and ports of departure for group transportation during the program and will arrange for assembly at the designated times and places. Each participant is solely responsible for any missed connections due to his/her failure to assemble in a timely manner. Landmark College will not be liable for the cost of alternate transportation arrangements, or for any losses resulting from the participant's failure to use the designated transportation.

## **Travel delays and unexpected layovers**

Students traveling to and from the host country will be responsible for all expenses (meals, hotel, transportation, etc.) associated with unexpected delays in travel, including overnight layovers due to, but not limited to, inclement weather, flight cancellations and airport closures. Due to changes in airport security regulations, students may be required to contact the associated airline to book new reservations following an unexpected layover or flight cancellation. In programs where the entire group is returning to the Landmark College campus together, the Program Director may choose to provide hotel rooms for students at the College's expense.

If an unexpected layover results in the student's decision to separate voluntarily from the group, the student will be responsible for making his or her own travel arrangements, and releases the College from any associated potential responsibility.

## **Identification**

Prior to departure for the host country, students are required to submit a color photocopy of the first page of their passport. The expiration date should be at least 6 months after the group flight is scheduled to return to the U.S. Upon departure, participants must present a valid passport for international travel and other purposes such as accommodations, in-country travel, and positive ID.

## **Lost passports**

Students who lose their passport assume sole responsibility for all action and costs associated with arranging for a replacement passport. If this results in missed travel connections, the student will consult with the program leaders as to the most appropriate course of action. If it is determined that a program leader must remain with the student to assist in securing a replacement passport, the student will be assessed those costs associated with the delay, including those that may be assessed to the program leader as a result of their staying behind. This includes, but is not limited to, airline penalties, ground transportation, accommodations and meal expenses. In such situations, the College will attempt to contact the student's parent/guardian to inform them of the situation.

## **Fee amounts**

Fees, as quoted in Landmark College's program materials, have been established based on all known circumstances at the time of calculation, and no changes are expected. However, Landmark College reserves the right to make adjustments in these fees based on fluctuations in travel costs, including the costs associated with unexpected layovers and fluctuations in the valuation of U.S. currency. In the event of a fee increase, the participant will be provided with a reasonable amount of time, not less than ten (10) days from the date of notice, in which to withdraw. In the absence of notice of withdrawal, the participant will be committed to any adjusted program fees.

## **Intervention Procedures**

Students participating in a Landmark College Study Abroad Program are bound by the same rules and subject to similar intervention procedures and sanctions as outlined in the most current version of the Landmark College Student Handbook. This section states additional or different rules and procedures Landmark College has determined are appropriate in the context of Study Abroad programs. In the case of conflict between the provisions of this Addendum and the provisions of the Landmark Student Handbook, the provisions of this Addendum will control.

Program Directors, and in their absence, Academic Directors, have the authority to implement these procedures, including imposing sanctions ranging from an informal warning to the immediate dismissal from a Study Abroad program. Disciplinary sanctions imposed during a Study Abroad program are intended for the duration of the Study Abroad program. In some cases students may be summoned for an administrative hearing or conduct board proceeding upon their return to the Landmark College campus for additional disciplinary action, which additional action may have consequences on the student's general status as a student at the College outside the context of the Study Abroad program. Program Directors have the option of consulting with or deferring judgment to an appropriate Landmark College administrator.

Some Landmark College Study Abroad programs are held in conjunction with, and on the campus of a partnering institution. Students are expected to know and abide by the rules

and regulations of those institutions, with the understanding that failure to do so may result in interventions by both Landmark College faculty as well as representatives from the partnering institution.

The following are some examples of behaviors that would likely initiate a disciplinary intervention. The Program Director or Academic Director may initiate an intervention at their own discretion for behavioral or safety-related issues that are not listed here.

- Failure to attend and participate in the required program elements, including classes, trips, course work, etc.
- Failure to comply with reasonable directions of the Program or Academic Director
- Cheating, plagiarism, or any effort to pass in work that is not that of the student enrolled in the program
- The use, possession, or distribution of illegal drugs (by U.S. definition) of any kind
- Use of alcohol to the point where medical or behavioral intervention is necessary
- The misuse or distribution of prescription drugs
- Theft of property, money, etc.
- Assault, including sexual assault as defined by the most current version of the Landmark College Student Handbook
- Harassing behavior, including, but not limited to that of a sexual nature as defined by the most current version of the Landmark College Student Handbook
- Any behavior that puts the group or individual at risk, or that could be determined to be offensive, including drunkenness, vandalism, etc.
- Any violation of Landmark College's Code of Conduct as defined by the most current version of the Landmark College Student Handbook
- Behavior considered potentially detrimental to the health (mental or physical) or safety of the participant or other participants in the program or others in the host country
- Any violation of the rules and policies of cooperating institutions
- Any violation of the host country's laws
- Any other behavior considered inappropriate for a study abroad/cross-cultural program

If a student is suspended from a Study Abroad program, the student will be separated from the program and will need to return to the U.S. Participants are solely responsible for any additional travel costs that may be incurred as a result of suspension or dismissal from the Study Abroad program. No refund of tuition, travel or other related costs will be made, nor will academic credit be issued. The College will attempt to contact the student's parents or guardians to inform them of the situation. Following suspension, Landmark College is released from all obligations to and responsibility for the student. Landmark College, at its discretion, may provide assistance, per the student's request, to attempt to arrange for travel arrangements back home.

Landmark College Study Abroad students are solely responsible for understanding and conforming to all the laws of the host country. When you are overseas you are subject to the laws of that country. U.S. or other citizenship gives you no immunity from local jurisdiction.

You should make no assumptions about your “rights,” since in many countries legal procedures are very different from what we may be familiar with at home. Students should further understand that law enforcement and the judicial process, including penalties for breaking the law, are likely to be significantly different than those of the United States.

## **Landmark College Safety Statement**

Landmark’s goal is to maintain student safety at all times and in all aspects of our Study Abroad Program.

At Landmark College, we believe study abroad is one of the most rewarding and life-changing experiences students can have during their college years. An emphasis on safety is a critical aspect of ensuring that the programs can be successful in their educational goals. We want to share with you information regarding the preparations we take to make Landmark College's Study Abroad programs a safe and rewarding experience.

Thoughtful planning, professional leadership, solid preparation, and contingency planning ensure that our study abroad programs are safe, fun, and productive learning experiences. Please be assured we will continue to make safety the top priority in all our Study Abroad programs.

### **Insurance**

Each student and leader is provided with an International Student ID Card which provides insurance coverage in a number of areas which includes but is not limited to the following:

- Medical and Dental coverage, including hospital benefits
- Emergency Medical Transportation – including evacuation, and air evacuation if needed
- Travel Document Replacement
- Baggage and Travel Delay
- 24-Hour Emergency Hotline Services – including medical and legal referral, emergency cash transfer, replacement of medication and eyeglasses, embassy and consular services, and interpretation or translation services

A complete description of the coverage, including contact numbers, how to file a claim, and definition of terms, can be found at: <http://www.myisic.com>

In addition, each student is covered by their Landmark College Student Health Insurance policy (if this was purchased) and/or an individual family policy.

### **Staffing**

Each Landmark College Study Abroad program is staffed by experienced leaders. Study Abroad Directors are Landmark College employees with extensive experience working with students with learning differences. Program Directors, who are primarily responsible for coordinating in-country logistics and activities, typically have experience living or working in

the host country. Academic Directors are Landmark faculty with an expertise in their particular academic discipline. Directors are available to provide students with one-on-one support for academic and student-life issues.

### **Communication**

Communication is important for the safety and effectiveness of our programs. Study abroad staff based in Putney, Vermont, remain in contact with Program Directors during each trip. A designated primary contact person working at the Putney campus is responsible for fielding questions, requests for information, and managing any emergency situation. The Program Director provides updates to our staff in Putney including notification of safe arrival at the final Program country destination. Students are also encouraged to contact their parents when they arrive in the Program country, and as needed during the trip. Program Directors are accessible by phone, and when possible by Skype, to communicate with students and Study Abroad Program staff working in Putney.

### **Important Information**

Study Abroad Program staff and faculty check a variety of sources for information pertaining to Program safety, including government and news media websites for current information about health and safety issues. Each student is requested to complete a Study Abroad Health Form in which they are asked information about their personal health history, current health concerns and medications. This information is essential in providing appropriate support to students on Study Abroad.

Students and their families are provided with essential information documents with flight information and itineraries, emergency phone numbers, and contact information for the places they will be staying. This information is also included in the Program Handbook which is available on the program webpage.

We realize that occasionally students make individual and short-term travel plans during a Program. Students are required to leave their itinerary and contact information at any place(s) they intend to visit with the Program Director. We strongly recommend they inform their families of their individual plans to travel separately from the program itinerary.

### **Orientation**

During orientation meetings prior to departure, Study Abroad Directors carefully review such topics as Health and Safety requirements, travel tips, local customs, guidelines for appropriate behavior and dress, as well as laws and policies related to alcohol and/or drug use. The Directors also provide participants with specific safety guidelines to follow, including who to contact for special needs or in case of emergency. Orientations, which are mandatory for all students, are considered the start of the academic course.