

From: Office of Health Services

Re: Instructions for Students Taking Prescription Medications

## Prescription Medication Management

A dedicated Health Center for students in the Summer High School Program is staffed by nursing professionals and offers routine medical care and manages all medication. Medication will be dispensed on a daily basis by Health Center staff. On weekend excursions, prescription medications will dispensed by Residential staff supervising the off-campus excursion.

## Students may not keep or dispense their own medication during the program.

## Instructions for Students Taking Prescription Medications

- 1. All students are required to have medications packaged in pre-filled "patient adherence strip systems" or blister packs labeled with the student name, medication, dose, and time. *Bottles of medications will not be accepted to reduce the risk of medication error.*
- 2. Plan well ahead of the July entry date to have your student's medications prepared. Many commercial pharmacies like Walgreens or CVS offer these pre-packaged and labeled dose packing.
- 3. Here are a number of packaging options should your pharmacy not offer daily, dose packaging:
  - a. PackMyRx: packmyrx.com/camp-information.html
  - b. PersonalRx: personalrx.com
  - c. Community Care Rx: commcarerx.com/camp-pharmacy
  - d. Camp Scripts: campscripts.com/package-info/index.html
  - e. AccuPAC: accupacrx.com
  - d. Camp Meds: campmeds.com
- 4. Order a month's worth of pre-packaged, labeled dose packs for your student.
- 5. We you arrive, keep the medications you need for the remainder of that entire day, as you will be responsible for taking these medications on your own.
- 6. Turn in all other medications you have brought with you to the Health Center staff during registration.
- 7. Starting the next morning after your arrival day, all medications will be dispensed by nurses. The schedule for dispensing medications daily will be 8 a.m., noon, 5 p.m., and 11 p.m., Monday through Sunday.
- 8. Health Services staff will comply with the prescription directions on the original packaging. Modifications in the prescription directions, such as "as needed" or "not on weekends" must be accompanied by a doctor's note or updated prescription label.
- 9. For students taking supplements, please follow these same directions. Have all daily supplements added to labeled, pre-packaged dose packs.
- 10. Students and parents are responsible for checking in with Health Services at the end of the program to collect any unused medications, such as epi pens, or as needed medications. If medication is left behind, it will be sent back via express delivery at the student's expense.