



JOHNSON & WALES
UNIVERSITY

Preparing Students for College Success Program Elective Course O Form

Student's Name: _____
First Middle Last

CONTACT INFORMATION

Please let us know the best way to reach you in the case that we have questions regarding your course selection.

Phone number: _____ **Email:** _____

All students will take Learning Strategies Seminar and Building Confidence as Writers plus an elective course from the options below. Please indicate your choice by checking the box next to your preferred elective.

If you have questions, please contact the Landmark College, Admissions Office at summer@landmark.edu or (802) 387-6718.

Beyond Parks and Recreation:

In this course students will learn what it takes to be a part of one of the fastest growing segments of the Sport Management Industry — Urban Sport Recreation. With the vibrant and growing city of Denver as a model and backdrop students will be exposed to, experience and learn how international, regional and local urban recreation events are planned and produced. Students will also examine a selection of programs, venues and agencies responsible for developing effective leisure programming for a variety of constituencies. A focus on the recreation/group facilitation process will be the basis for understanding the recreation industry.

It Can't Always Be Fast Food!:

In this course, students will focus on the kitchen skills necessary to give them the confidence to use the kitchens that are available to them as a college student. From breakfast to dinner and snacking in between, students will learn important cooking techniques such as sauté, steaming and roasting. Students will apply these techniques to create delicious and nutritious meals that focus on egg cookery, baking and pastry, cold foods such as sandwiches and salads and desserts. Throughout each class session, instructors will emphasize knife skills, sanitation efficient kitchen production techniques such as mis en place (being properly set up), timing, focus on task, planning and clean up.

Please return completed course preference forms to Landmark College:

Mail: Preparing Students for College Success Program @ JWU-Denver
Office of Admissions, Landmark College
19 River Road South
Putney, VT 05346

Fax: (802) 387-6868

Email: summer@landmark.edu