



**LANDMARK**  
COLLEGE



**Orientation**

2023 High School Summer Program

# HIGH SCHOOL PROGRAM ORIENTATION SCHEDULE

## Saturday, July 8th, 2023

9:00 a.m. – 12:00 p.m. **Registration/Move into Residence Halls**

Location: [Click Family Athletic Center](#), Coach John Wood Gymnasium

Complete any remaining paperwork, and receive student ID, keys, and directions to Residence Hall for move-in. Following move-in and lunch, families are encouraged to attend our afternoon presentations.

11:00 a.m. – 1:15 p.m. **Lunch**

Location: [Alumni Hall](#), Dining Hall

Students, please remember to bring the ID you received at registration, you will need it for every meal. Families are welcome to join us for lunch!

All sessions after lunch are required for students and optional (though strongly encouraged!) for families.

1:30 p.m. – 2:00 p.m. **Student and Family Welcome**

Location: [Fine Arts Building](#), Greenhoe Theater

**Presenters:** Carroll Paré, Senior Director of Intersession and Online Programs, Michael Luciani, Vice President for Student Affairs, Kate Wilson, Academic Program Director, and Andy Donahue, Director of Social Pragmatic Programs and Services

Meet the program administration and receive an academic and residential program overview.

2:00 p.m. – 2:30 p.m. **Break: Students and Families Exchange Final Information & Say Goodbye**

Students and families will have distinct schedules from this point forward.

### STUDENT SESSIONS

2:30 p.m.

**Gather Your Tech Devices**

**Location:** **Alumni Hall:** Common Room & TV Lounge  
**Davis Hall:** Common Room & TV Lounge  
**Stone Hall:** Common Room & TV Lounge

Grab all your tech gear from your room (laptop, tablet, Chromebook, phone, etc.) and meet your RA in your hall.

2:40 p.m. - 3:30 p.m. **Unleash Your Digital Potential**

Location: [Alumni Hall](#), Dining Hall

**Presenters:** Tina LaFlam, Director of Information Technology Services, Maria Nespolo, IT Help Desk Manager, Glenn Powers, Educational Technologist and Academic Specialist

Our training session will help you effortlessly connect your devices and conquer the digital world! The team will guide you through proper computer and device setup, ensuring you're equipped to access coursework with ease.

3:30 p.m. – 5:00 p.m. **Journey Together: Forging Bonds, Exploring Futures**

Locations: Depart from [Alumni Hall](#), Dining Hall

Break into groups for group activities and a campus tour!

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**Saturday, July 8th, 2023**

## FAMILY SESSIONS

2:30 p.m. – 3:30 p.m. **Family Workshop**

**Location:** [Fine Arts Building](#), Greenhoe Theater

Presenters: Carroll Paré, Senior Director of Intercession and Online Programs, Michael Luciani, Vice President for Student Affairs, Kate Wilson, Academic Program Director, and Andy Donahue, Director of Social Pragmatic Programs and Services

This program provides a brief program overview, answers questions about how to support your rising junior or senior in preparation for college, an overview of the Social Pragmatics track, and an opportunity for families to ask questions.

3:40 p.m. - 5:00 p.m. **Meet & Greet Family Reception**

**Location:** [Nicole Goodner MacFarlane Science, Technology, and Innovation Center](#), Atrium

Please join college leadership for a reception and opportunity to connect with parents and families of other students in the program. Light refreshments will be served.

**Families depart campus following the reception**

5:00 p.m. – 6:15 p.m. **Dinner**

**Location:** [Alumni Hall](#), Dining Hall – Remember to bring your ID

6:30 p.m. – 7:00 p.m. **Community Guidelines**

**Location:** [Lewis Academic Building](#), Brooks O'Brien Auditorium

**Presenters:** Michael Luciani, Vice President for Student Affairs

Meet the Student Affairs Staff and learn about our community standards, rules & regulations.

7:00 p.m. – 7:30 p.m. **Wing Meeting**

**Location:** Your Residence Hall, Wing Hallway

Nightly check-in and reflection with Residential Staff preparing for the following day.

7:30 p.m. – 9:00 p.m. **TechConnect**

**Location:** [Alumni Hall](#), Dining Hall Foyer

Extra drop-in, one-on-one assistance if you still need help navigating software, hardware, and general technology usage. We offer expertise in a wide range of assistive technologies, guiding students on their effective usage to enhance their learning experience. Drop-in help is available from 5 to 9 p.m. daily through Friday.

7:30 p.m. – 9:45 p.m. **Evening Activities**

Join your residential life team for a series of social programming events. Options will be reviewed in your specific wing meetings and posted in your residence halls.

10:00 p.m. **Curfew**

In the building by 10:00 p.m. and your room & lights out by 11:00 p.m. Don't forget to set an alarm for the morning!

# HIGH SCHOOL PROGRAM ORIENTATION SCHEDULE

## Sunday, July 9th, 2023

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8:30 a.m. – 10:00 a.m. **Breakfast in Bed & Old School Cartoons**

**Location:** **Alumni Hall:** Common Room & TV Lounge  
**Davis Hall:** Common Room & TV Lounge  
**Stone Hall:** Common Room & TV Lounge

Enjoy a continental breakfast in your residence hall!

10:00 a.m. – 10:30 a.m. **Weekday Activities: How You Pick an Activity and How it Works**

**Location:** [Lewis Academic Building](#), Brooks O'Brien Auditorium  
**Presenters:** Emily North, Director of Student Activities

You will participate in afternoon activities each weekday from 3:30-5:00 p.m. Each day, there will be different activities to choose from. You will sign up for these activities one day at a time. In this session, we will review the activities and the sign-up procedures.

10:45 a.m. – 11:45 a.m. **The Gut: Our Second Brain**

**Location:** [Lewis Academic Building](#), Brooks O'Brien Auditorium  
**Presenters:** Jeff Huyett, Director of Health Services

Serotonin is a neurotransmitter that modulates mood, thought, sleep, learning, memory, and numerous other functions. Many medications for anxiety and depression work by regulating serotonin. Eighty-five percent of serotonin is produced in our guts. Hence, a healthy diet and gut biome are critically important for neurodivergent students who struggle to manage their mood. This talk will look at the research on neurodivergent teens' diets and how to improve gut health.

12:00 p.m. – 1:00 p.m. **Lunch**

**Location:** [Alumni Hall](#), Dining Hall – Remember to bring your ID

1:30 p.m. – 3:00 p.m. **EmpowerED: Unlocking Your Potential**

**Location:** [Lewis Academic Building](#), Brooks O'Brien Auditorium  
**Presenters:** Liza Burns, Associate Professor, Thomas "TK" Kuzma, Coordinator of Student Affairs Online Programs and Support, and Eric Gobel-Lynch, Director of Transition Programs

Three brief 20-minute presentations. Topics will include:

- Welcome to your Brain
- Spoons Theory
- How to start strong

3:00 p.m. – 5:00 p.m. **Community Building**

**Location:** **Alumni Hall:** Common Room & TV Lounge  
**Davis Hall:** Common Room & TV Lounge  
**Stone Hall:** Common Room & TV Lounge

Spend time getting to know other students in your residence hall to set up your community for success!

5:00 p.m. – 6:45 p.m. **Dinner**

**Location:** [Alumni Hall](#), Dining Hall – Remember to bring your ID

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7:00 p.m. – 7:30 p.m. **Wing Meeting**

**Location:** Your Residence Hall, Wing Hallway

Nightly check-in and reflection with Residential Staff preparing for the following day.

8:00 p.m. – 9:45 p.m. **Free Time**

**Location:** Staff will release you for free time once your wing meeting is complete.

10:00 p.m.

**Curfew**

In the building by 10:00 p.m. and your room & lights out by 11:00 p.m.  
Don't forget to set an alarm for the morning!

**CLASSES BEGIN on Monday, July 10, 2023**

**Come visit the Bookstore  
in the  
Strauch Family Student Center**

**Hours:**

**Saturday: 10:00 a.m. - 4:00 p.m.**

**Sunday: 10:00 a.m. - 4:00 p.m.**



## CONTACT INFORMATION

### Program Administration

mykidis@landmark.edu

Kate Wilson, Academic Program Director

802-387-6752

[KateWilson@landmark.edu](mailto:KateWilson@landmark.edu)

Michael Luciani, VP for Student Affairs

802-387-6713

[MLuciani@landmark.edu](mailto:MLuciani@landmark.edu)

Carroll Paré, Senior Director of Intersession and Online Programs

802-387-6885

[CPare@landmark.edu](mailto:CPare@landmark.edu)

Residential Directors

802-387-1680

(8:00 a.m. to 11:00 p.m.)

Campus Safety

802-387-6899

(24 hours per day, 7 days per week)

### General Resources

Bookstore

802-387-6862

[Bookstore@landmark.edu](mailto:Bookstore@landmark.edu)

Campus Debit Account  
Virginia Irish, Student Accounts Manager

802-387-6845

[VIrish@landmark.edu](mailto:VIrish@landmark.edu)

Dining Services  
Cindy Ondria, Director of Dining Services

802-387-1668

802-387-6380

Dining Hall Office

[CindyOndria@landmark.edu](mailto:CindyOndria@landmark.edu)

Health Services

802-387-1621

802-387-6743

802-539-0369

Clinical phone

Medication room

Fax

Student Mail & Packages

802-387-6700

[mykidis@landmark.edu](mailto:mykidis@landmark.edu)

### Notes:

**\*In case of an after-hours emergency, please contact Campus Safety to connect with someone. Emails should expect a response within one business day to address concerns.**

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