

High School Summer Program - Online Workshop Selection Form

Mindful Teen

tudent's Name			
	First	Middle	Last
ONTACT INFORMAT	TION		
n case we have ques	tions regarding your selection, wha	t is the best way to reach you?	
hone number	Email		
All students tal	ke two courses:		
•	Learning Strategies Seminar or St	rategies for College Success	
•	Writing the Effective Essay		
•	Choice of a single elective		
Learning Strate	egies Seminar (Required – Traditio	onal Track)	
Provides a four	ndation for other coursework and	activities in the summer program.	Students explore the "science"
behind learning	g — from how the brain processes	s information to why factors such a	as nutrition, sleep, exercise, and
learning differe	ences affect how we learn. Studer	ts learn about skills and strategies	, including technologies they
can use to imp	rove their ability to learn.		
Strategies for	College Success (Required – Socia	l Pragmatics Track)	
Much like the I	Learning Strategies Seminar, this o	class provides a foundation for cou	rsework and activities
within the prog	gram, while paying special attention	on to helping students better unde	erstand the nuances of
verbal and nor	overbal communication.		
Writing the Effe	ective Essay		
This class will i	ntroduce student to the goals and	structures of personal and persua	asive writing and
many students	use this class to begin working o	n their college application essay.	
Please indicate		ce by placing the appropriate num ndmark.edu/summer/high-schoo	ber (1, 2 or 3) beside your selections. I-programs
	Drawing		
	Photography: Learn and Shoot		
	Sports & Culture		
	Tech Tools for Learning		