Study Abroad Program Handbook London, UK

January 5-25, 2019



HIS 2731
Special Topics in History:
Legions & Legends, Pagans & Priests

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A Note of Welcome



Dr. Daniel Miller Academic Director



Denise Higgins, MAT, MS: Program Director

Cheers!

Dan Miller and I are pleased that you will be joining us on the January Study Abroad program in London. We have been planning this trip for you for months, and have created a terrific history course where you will learn about Roman "Londinium," the Germanic Anglo-Saxons who emerged as the dominant social and political force in England ("Angle-land"), the legend of King Arthur, and the influence of the Vikings.

For this course, we will have the best possible classroom in the world at our disposal: the city of London and the countryside of Great Britain. We will learn about Roman Britain through traditional lecture complemented by out of class experiential learning: for example, taking a Roman Wall Walk, or viewing the Guildhalll Ampitheater and London Mithraeum. We will also use the fabulous and free Museum of London and the British Museum to supplement course content. We will also get out of the city! We will take three day trips: Caerleon and Cardiff, Wales, the Jorvik Viking Village and Yorkshire Museum in York, and the cathedral city of Canterbury, to enhance course concepts.

Individually Dan and I have lived and worked in Great Britain for work and pleasure and we have both traveled to the UK extensively with students. We love the history, tradition and culture of Great Britain and look forward to sharing our knowledge and experience with you.

Our group will stay in a boutique hotel in the Bayswater section of London. We will be within walking distance of the iconic Hyde Park and Kensington Palace Gardens, where the princes and their families live. The neighborhood has many restaurants, shopping and two very close London Underground stations. Students will have opportunities to visit popular London landmarks such as the London Eye, Buckingham Palace, the Tower of London, Westminister Abbey and the buildings of Parliament.

We hope you are as excited as we are!

Cheerio, Dan and Denise

Travel Details

The flights for this program are still being worked out, the group will leave from Boston's Logan Airport on Saturday, January 5th arriving to London on the morning of Sunday January 6th. The group will fly with Dan, the Academic Director. The Program Director, Denise, will meet the group at the airport upon arrival. We will return to Boston from London on Friday, January 25th. We will communicate flight details via email (and post them on the London program website) as soon as we have them.

Travel-Day Questions

Contact Information:

Landmark College Security: 802.387.6899, for emergency Boundary Bo

For any questions regarding airline travel:

Transportation Security Administration travel information: http://www.tsa.gov/traveler-information

US State Department travel information:

https://travel.state.gov/content/passports/en/country/united-kingdom.html

Contact & Emergency Information

Emergency Contacts at Landmark College

Landmark College Vice President for Student Affairs

Michael Luciani

Office: 802-387-6713 Cell: 603-398-7781

Email: mluciani@landmark.edu

Landmark College Security & Security Office

802-387-6899 (24 hours)

Landmark College Director of Experiential Education

Jessica Lindoerfer Office: 802-387-7230 Cell: 802-246-7382

Email: jessicalindoerfer@landmark.edu

Program Director

Denise Higgins

Office: 802-387-6756 Cell: 802-233-2848

Email: dmanninghiggins@landmark.edu

Academic Director

Dan Miller

Office: 802-387-7227 Cell: 315-506-0012

In-country Emergency Information

See "<u>Housing</u>" section of this handbook for details of where the program will be staying, including contact information.

999 - The main emergency number

This is the emergency number for police, ambulance, fire brigade, coastguard, cliff rescue, mountain rescue, cave rescue, etc. Note the important word 'EMERGENCY'. This number should be used only when urgent attendance by the emergency services is required – for example someone is seriously ill or injured, or a crime is in progress. Calls are free, and 999 can be dialled from a locked mobile phone.

112 – Another emergency number

This operates exactly the same as 999 and directs you to exactly the same emergency call centre. The important thing about 112 is that it will work on a mobile phone anywhere in the world. So on your next foreign holiday, you don't need to make a note

of the emergency number for the country you visit; you just need 112. Incidentally, an EU requirement is that emergency call centres must provide a translations service. In the UK, 112 also works on landline phones.

Calls are free and 112 can also be dialled from locked mobile phone.

Hospital:

St. Mary's Hospital, Praed St., Paddington, London W2 1NY tel: +44 203323666

US Embassy

33 Nine Elms Lane, London SW11 7US, UK tel: 01144 20 7499 9000

S.T.E.P. (Smart Traveler Enrollment Program)

Landmark College registers all study abroad programs with the U.S. Department of State Bureau of Consular Affairs S.T.E.P. program. If you are interested in monitoring safety conditions for your particular study abroad location, you can register for updates at https://step.state.gov/STEP/Pages/Common/Subscribe.aspx.

Itinerary

Study Abroad programs are dynamic, flexible, adaptable, CHANGEABLE. We will also be working with the January weather in London therefore, we may switch activities around a bit in order to experience them in optimal weather conditions. Plan for adjustments as we travel and learn together!

■ December	January 2019						
Sun	Mon	Tue	Wed	Thu	Fri	February Sat	
		1 New Year's Day	2	3	4	5 Depart Boston	
Arrive in London settle in guesthouse walk around neighborhoodLight sightseeingSite Orientation The London Eye Group dinner	Optional: Changing of the Guard Afternoon: Lesson:"Roman Britain" 1:00-4:00 pm	Morning: Lesson"Roman Britain" 9:00-11:30 Afternoon: London OutingRoman Wall WalkGuildhall AmphitheaterLondon Mithraeum	Morning: Lesson "From the Romans to the Saxons" 9:00-11:30 Afternoon: Free Optional: Trip to Victoria and Albert Museum and Harrod's food mart	10 Day Trip: St. Albans Verulamium Ampitheatre Hypocaust St. Alban's Museum Train journey	11 Morning: Free Afternoon: London Outing Museum of London British Museum	12 Open Day Optional: trip to Oxford or Bath	
13 Open Day Optional: National Portrait Gallery and London Theatre	Tor	Morning: Free Afternoon: Lesson"The Life and Times of King Arthur" 1:00-4:00	Morning: Lesson " Arthurian Themes" 9:00-11:30 Afternoon: Lesson " Arthurian Themes Then and Now" 1:00-4:00	17 Day Trip: Jorvik Viking Center. Travel to York, England Train Journey	Morning: Lesson"The Shape of Saxon England" 9:00-11:30 Afternoon: London OutingAll Hallow's BarkingMuseum of LondonBritish Museum	19 Day Trip: Canterbury Train Journey	
20 Open Day Optional: visit Natural History and Science Museums	21 Martin Luther King Open Day Day in Hyde Park and afternoon tea at the Orangery or the Muffin Man	22 Morning:Lesson: "Religion in Saxon England" 9:00-11:30 Afternoon: Free	23 Morning:Lesson: "The Rise and Fall of Mercia and Wessex" 9:00-11:30 Afternoon: Free	24 Open Day	25 Depart London Arrive Boston	26	

Useful Websites & Books

Site Visits:

Jorvik Viking Village: https://www.jorvikvikingcentre.co.uk/

Roman Legion Museum, Caerleon, Wales: https://museum.wales/roman/

London Mithraeum: https://www.londonmithraeum.com/

Canterbury: https://canterburymuseums.co.uk/romanmuseum/plan-your-visit/

https://www.canterbury-cathedral.org/visit/information/

Optional trips:

The Tower of London: https://www.hrp.org.uk/tower-of-london/

The London Eye: https://www.londoneye.com/

Museum of London: https://www.museumoflondon.org.uk/

The Natural History Museum: http://www.nhm.ac.uk/

The Science Museum: http://www.sciencemuseum.org.uk/

The British Museum: http://www.britishmuseum.org/

The Victoria and Albert Museum: https://www.vam.ac.uk/

The National Portrait Gallery: http://www.npg.org.uk/

Packing Tips

Clothes

Plan for rain. We will be in London during one of the coldest, wettest months, so you should pack clothes for staying warm and dry. While we will spend most of the time in the metropolitan city of London, we will take four to five day trips by train and bus to Roman, Viking and Anglo-Saxon sites in rural areas. Comfortable, waterproof boots and quick-drying hooded jackets designed for warmth are essential. There are laundry facilities near our hotel, so there's no need to bring more than a week's worth of clothing. A more detailed packing list appears on the next page.

Electronics

Avoid brining expensive electronics that you won't need for schoolwork and communication. You will need to bring a laptop or IPad for course communication and assignments. If you use Kurzweil, Dragon or other educational technologies please be sure that you have them on your laptop or other electronic device. You will need at least one UK **plug adapter** – these are available inexpensively at many stores in the US and UK. Electric curling irons, shavers, etc. from the US will not work on the British voltage system unless they indicate that they work for both (look for 110/220 or 110/240 marked on the device. If not, you will not be able to use them unless you have a voltage converter, nor will you be able to plug them in unless you have a UK adapter. See Electricity, below, for more information.

Luggage

On two occasions, you will need to carry all of your belongings for several blocks and travel up and down stairs. If possible try to bring a relatively small rolling suitcase or a hiking backpack, along with a small backpack as a carry-on and for day trips. Besides carrying all your belongings, you will also need to store them in your room at the hotel and there will not be ample space for storing a lot of large luggage. After you've packed your bag it would be a great idea to walk down your block and up and down a few flights of stairs. You may find it easier to leave a few items at home after that experience!

Very important items such as medications, eye glasses or contacts, phones and your passport must be stored in your carry-on backpack. It is a good idea to carry some essential toilet items, like toothbrush, toothpaste, and a comb, in your carry-on as well. You will be responsible for any extra charge for overweight or multiple bags. Remember that there are restrictions on liquids in your carry-on luggage (only). You may have no more than a 3 ounce container of any liquid, and all liquids and gels must be packed in a small ziploc bag. For more detailed information check: http://www.tsa.gov/traveler-information/prohibited-items

What NOT to bring

Drugs, alcohol, firearms and knives are not permitted on the trip. Please comply with airline restrictions to prevent delays in the airport. Think carefully before bringing any valuable or sentimental items. It will be up to you to keep all your belongings safe.

Packing List

Essential gear

- Passport
- Color copy of passport
- Student ID card
- Small folding umbrella (can be purchased in London)
- Enough prescription medication for the whole program, carried in the original container.
- ATM debit card and credit card
- Extra pair of glasses or contact lenses if you wear them
- Two US/UK electric plug adapters
- Voltage converter, if needed
- Phone charger and portable battery pack

Clothing

- Warm hooded jacket or coat
- Comfortable, sturdy water-resistant walking shoes
- Waterproof insulated jacket/shell
- Waterproof pants
- 4 pairs warm socks
- Warm hat and gloves
- Thermal layer (top and bottom)
- Midweight layer (e.g. fleece/sweatshirt)
- Sufficient clothing for 1 week

Course Supplies

- Laptop
- o Flash drive
- Notebook
- Ed technologies if you use them
- Required course texts

Suggested

- Small first aid kit, e.g. motion sickness tablets, painkillers, antacids, band-aids, etc.
- London/UK travel guide
- London map (can be purchased in London)
- Chemical hand-warmers

Optional

- Laundry detergent (a few pods are easier to pack)
- Portable reading light/headlamp
- o Travel clothesline
- Flip-flops/shower shoes

Tips for the Traveler

Passports and Visas

Knowing where your passport is at all times is crucial. It is a good idea to take a picture of it and make sure someone at home has a copy.

Money Matters and Suggested Budget

The best way to bring money to London is by bringing a debit card and a credit card with funds so you may withdraw cash from ATMs. Most everything can be purchased using a card. You may want to have some British cash or coin on hand for smaller purchases. Consider that the exchange rate is about 1 British poundn to \$1.30 American dollars. Please check with your local bank to find out what fees may be charged for withdrawing cash in the UK. BE SURE TO NOTIFY YOUR DEBIT AND CREDIT CARD COMPANY THAT YOU WILL BE USING YOUR CARD IN THE UK. Failure to do so can result in your not being able to withdraw cash. It's helpful to bring more than one card in case one is lost (and then cancelled) or one doesn't work in the nearest ATM.

Your major expense in London will be meals. Breakfast is included (provided you wake up during serving times). While there will be several group meals paid for by the program, you will be responsible for most of your lunches and dinners. You may consider \$25.00 or about 20 GBP per day a reasonable average food allowance. You are also responsible for discretionary spending money and activities that are outside the parameters of the course and overall program. A minimum of \$200.00 a week for food and extras may be adequate. Obviously if you want to buy souvenirs or extra food and snacks, you'll need to add more that to that estimate. You will be given a travel card which will cover the cost of travel and admission to course/program related activities. On occasion, the program director will invite you to join her on an outing to the theater or extraneous sight seeing activity, and on these occasions, you may be expected to finance your entrance or admission fees.

Housing

We will be staying at the London House Hotel. The hotel comprises five interconnected Victorian era buildings to form a 103-room hotel. It is located near two underground stations, shopping, and restaurants, and is within walking distance to Hyde Park and Kensington Palace.

Hotel address:

81 Kensington Gardens Square, London, W2 4DJ Tel from the US: 011 44 207 243 1810 http://www.londonhousehotels.com/



Communication

If your phone has a SIM card, you may be able to buy a UK SIM card which will give you a UK phone number. There are pay-as-you go options for calling and data and some are quite inexpensive. It is best to speak with your carrier to ask what may be the best route for you to take in order to have cell service in the UK. We will also be communicating via the "Whatsapp" messaging system which is free as long as you are connected to wi-fi.

Time

London is five hours ahead of the US Eastern Standard Time. It is important to be aware of this difference when communicating with family and friends in the US.

In-country Transportation

Upon arrival in London, we will be traveling on public transportation to our hotel and for most of the travel within the city. There will be approximately four full day bus or train journeys outside the city to the countryside for course-related site visits. All group transportation costs will be covered, however, a lost travel card will be the student's responsibility to pay for the full cost of replacement.

Weather

January is the coldest month in London. Temperatures are typically 30 - 40 degrees Fahreinheit and it is often rainy which can make it feel even colder. It is imperative to pack and dress for cold, wet weather. We could get lucky and have a few warm, dry days, but it is best not to count on that.

Electricity

The electrical current in London is 220–240 volts (coming into line with the rest of Europe at 230 volts), 50 cycles alternating current (AC); wall outlets take three-pin plugs, and shaver sockets take two round, oversize prongs. Converters and adapters can be purchased in airports and many drug stores and candy/magazine shops, however, you may also order them on line from Amazon.

Health and Immunizations

Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot if you are accustomed to getting one. See: http://wwwnc.cdc.gov/travel/destinations/list/

Landmark College Conditions of Participation

Health and Safety

In a Study Abroad program, as in other settings, participants can have a major impact on their own health and safety through the decisions they make in preparation for and during the program.

Participants should:

- Read and carefully review all materials issued by Landmark College and any partnering institutions that relate to safety, health, legal, environmental, political, cultural, and religious conditions in host countries.
- Consider your health and other personal circumstances when applying for or accepting a place in a program. Note: Some programs may require students to participate in physically demanding activities. If the student feels that s/he is unable to participate due to health concerns, s/he may consult with program leaders to determine an appropriate alternative activity.
- Make available to the Program Director accurate and complete physical and mental health information that may relate to your ability to participate safely in the study abroad program and any other personal data necessary in planning for a safe and healthy study abroad experience, and for responding to an emergency situation. This is in addition to information already provided to the Landmark College Health Office.
- Assume responsibility for all elements necessary for your personal preparation for the program, and participate fully in all orientations.
- Obtain and maintain appropriate insurance coverage and abide by any conditions imposed by the carriers.
- Inform parents/guardians/families and other relevant people about your participation in the Study Abroad program, provide them with emergency contact information, and keep them informed on an ongoing basis.
- Understand and comply with the terms of participation, codes of conduct, and emergency procedures of the program, and obey host-country laws.
- Be aware of local conditions and customs that may present health or safety risks when making daily choices and decisions.
- Promptly express any health or safety concerns to the Program Directors and/or other appropriate individuals.
- Behave in a manner that is respectful of the rights and well-being of others, and encourage others to behave in a similar manner.
- Accept responsibility for your decisions and actions.
- Become familiar with the procedures for obtaining emergency health and law enforcement services in the host country.
- Follow the program's policies regarding keeping program staff informed of your whereabouts.

Services

The Landmark College Study Abroad fee covers all scheduled program expenses including international air and most in-country ground transportation, accommodations, tuition, admission fees to scheduled places of interest, and some group meals. Participants are expected to pay for all personal expenses, including some meals, snacks, laundry, passport fees, and other miscellaneous travel expenses. Students may also be required to purchase textbooks and other course supplies depending on their program.

Independent travel

Participants are expected to use the transportation arranged by Landmark College between the points of departure and return. Participants who choose to travel independently during the program during non-course-related times must inform the Country Director in writing of his/her planned itinerary, including a full itinerary with time and date of departure and return, mode of travel, contact information of the places staying at, phone numbers, etc. Students are generally discouraged from changing plans to travel back to the U.S. independently, but if they choose to do so, they must inform the Program Director and the Director of International Education in writing of their plans not to return on their scheduled flight.

Landmark College and its employees assume no responsibility for the individual once s/he has separated him/herself from the program.

It is strongly recommended that all students inform their parents/guardian when making independent travel arrangements.

Non-sanctioned activities

Students choosing to participate in non-sanctioned activities during their free time at any point in the program release the College from all responsibility and liability associated with such activity. Landmark College strongly discourages participation in dangerous activities, and strongly recommends parents/guardians be consulted regarding the advisability of any potentially dangerous activities.

Leaving the program

Landmark College Study Abroad students who leave their scheduled program at any time without informing the Program Director in writing and obtaining his/her approval may be subject to disciplinary action, including immediate suspension or dismissal from the program and direction to return to the United States, as detailed in the Intervention Procedures – see below. Landmark College and its employees have no responsibility for the individual once s/he has separated him/herself from the program. All travel expenses associated with an early departure will be borne entirely by the participant.

Air transportation

Landmark College arranges for the ticketing of scheduled international air transportation and program-related in-country air and ground transport for the participant through commercial airlines or travel agents. Participants agree that Landmark assumes no

responsibility or liability for death or injury to the participant or for loss of or damage to property (including baggage) resulting from the provision of air transportation and other services. The passenger contract issued by the airlines will constitute the sole contract between the airline and the passenger.

Landmark College reserves the right to change the air transportation dates, times, prices, and itinerary, and to make aircraft substitutions. Any additional costs resulting from such changes will be borne solely by the participant.

Landmark College will designate the times and ports of departure for group transportation during the program and will arrange for assembly at the designated times and places. Each participant is solely responsible for any missed connections due to his/her failure to assemble in a timely manner. Landmark College will not be liable for the cost of alternate transportation arrangements, or for any losses resulting from the participant's failure to use the designated transportation.

Travel delays and unexpected layovers

Students traveling to and from the host country will be responsible for all expenses (meals, hotel, transportation, etc.) associated with unexpected delays in travel, including overnight layovers due to, but not limited to, inclement weather, flight cancellations and airport closures. Due to changes in airport security regulations, students may be required to contact the associated airline to book new reservations following an unexpected layover or flight cancellation. In programs where the entire group is returning to the Landmark College campus together, the Program Director may choose to provide hotel rooms for students at the College's expense.

If an unexpected layover results in the student's decision to separate voluntarily from the group, the student will be responsible for making his or her own travel arrangements, and releases the College from any associated potential responsibility.

Identification

Prior to departure for the host country, students are required to submit a color photocopy of the first page of their passport. The expiration date should be at least 6 months after the group flight is scheduled to return to the U.S. Upon departure, participants must present a valid passport for international travel and other purposes such as accommodations, in-country travel, and positive ID.

Lost passports

Students who lose their passport assume sole responsibility for all action and costs associated with arranging for a replacement passport. If this results in missed travel connections, the student will consult with the program leaders as to the most appropriate course of action. If it is determined that a program leader must remain with the student to assist in securing a replacement passport, the student will be assessed those costs associated with the delay, including those that may be assessed to the program leader as a result of their staying behind. This includes, but is not limited to, airline penalties, ground transportation, accommodations and meal expenses. In such

situations, the College will attempt to contact the student's parent/guardian to inform them of the situation.

Fee amounts

Fees, as quoted in Landmark College's program materials, have been established based on all known circumstances at the time of calculation, and no changes are expected. However, Landmark College reserves the right to make adjustments in these fees based on fluctuations in travel costs, including the costs associated with unexpected layovers and fluctuations in the valuation of U.S. currency. In the event of a fee increase, the participant will be provided with a reasonable amount of time, not less than ten (10) days from the date of notice, in which to withdraw. In the absence of notice of withdrawal, the participant will be committed to any adjusted program fees.

Intervention Procedures

Students participating in a Landmark College Study Abroad Program are bound by the same rules and subject to similar intervention procedures and sanctions as outlined in the most current version of the Landmark College Student Handbook. This section states additional or different rules and procedures Landmark College has determined are appropriate in the context of Study Abroad programs. In the case of conflict between the provisions of this Addendum and the provisions of the Landmark Student Handbook, the provisions of this Addendum will control.

Program Directors, and in their absence, Academic Directors, have the authority to implement these procedures, including imposing sanctions ranging from an informal warning to the immediate dismissal from a Study Abroad program. Disciplinary sanctions imposed during a Study Abroad program are intended for the duration of the Study Abroad program. In some cases students may be summoned for an administrative hearing or conduct board proceeding upon their return to the Landmark College campus for additional disciplinary action, which additional action may have consequences on the student's general status as a student at the College outside the context of the Study Abroad program. Program Directors have the option of consulting with or deferring judgment to an appropriate Landmark College administrator.

Some Landmark College Study Abroad programs are held in conjunction with, and on the campus of a partnering institution. Students are expected to know and abide by the rules and regulations of those institutions, with the understanding that failure to do so may result in interventions by both Landmark College faculty as well as representatives from the partnering institution.

The following are some examples of behaviors that would likely initiate a disciplinary intervention. The Program Director or Academic Director may initiate an intervention at their own discretion for behavioral or safety-related issues that are not listed here.

 Failure to attend and participate in the required program elements, including classes, trips, course work, etc.

- Failure to comply with reasonable directions of the Program or Academic Director
- Cheating, plagiarism, or any effort to pass in work that is not that of the student enrolled in the program
- The use, possession, or distribution of illegal drugs (by U.S. definition) of any kind
- Use of alcohol to the point where medical or behavioral intervention is necessary
- The misuse or distribution of prescription drugs
- Theft of property, money, etc.
- Assault, including sexual assault as defined by the most current version of the Landmark College Student Handbook
- Harassing behavior, including, but not limited to that of a sexual nature as defined by the most current version of the Landmark College Student Handbook
- Any behavior that puts the group or individual at risk, or that could be determined to be offensive, including drunkenness, vandalism, etc.
- Any violation of Landmark College's Code of Conduct as defined by the most current version of the Landmark College Student Handbook
- Behavior considered potentially detrimental to the health (mental or physical) or safety of the participant or other participants in the program or others in the host country
- Any violation of the rules and policies of cooperating institutions
- Any violation of the host country's laws
- Any other behavior considered inappropriate for a study abroad/cross-cultural program

If a student is suspended from a Study Abroad program, the student will be separated from the program and will need to return to the U.S. Participants are solely responsible for any additional travel costs that may be incurred as a result of suspension or dismissal from the Study Abroad program. No refund of tuition, travel or other related costs will be made, nor will academic credit be issued. The College will attempt to contact the student's parents or guardians to inform them of the situation. Following suspension, Landmark College is released from all obligations to and responsibility for the student. Landmark College, at its discretion, may provide assistance, per the student's request, to attempt to arrange for travel arrangements back home. Landmark College Study Abroad students are solely responsible for understanding and conforming to all the laws of the host country. When you are overseas you are subject to the laws of that country. U.S. or other citizenship gives you no immunity from local jurisdiction. You should make no assumptions about your "rights," since in many countries legal procedures are very different from what we may be familiar with at home. Students should further understand that law enforcement and the judicial process, including penalties for breaking the law, are likely to be significantly different than those of the United States.

Landmark College Safety Statement

Landmark's goal is to maintain student safety at all times and in all aspects of our Study Abroad Program.

At Landmark College, we believe study abroad is one of the most rewarding and life-changing experiences students can have during their college years. An emphasis on safety is a critical aspect of ensuring that the programs can be successful in their educational goals. We want to share with you information regarding the preparations we take to make Landmark College's Study Abroad programs a safe and rewarding experience.

Thoughtful planning, professional leadership, solid preparation, and contingency planning ensure that our study abroad programs are safe, fun, and productive learning experiences. Please be assured we will continue to make safety the top priority in all our Study Abroad programs.

Insurance

Each student and leader is provided with an International Student ID Card which provides insurance coverage in a number of areas which includes but is not limited to the following:

- Medical and Dental coverage, including hospital benefits
- Emergency Medical Transportation including evacuation, and air evacuation if needed
- Travel Document Replacement
- Baggage and Travel Delay
- 24-Hour Emergency Hotline Services including medical and legal referral, emergency cash transfer, replacement of medication and eyeglasses, embassy and consular services, and interpretation or translation services

A complete description of the coverage, including contact numbers, how to file a claim, and definition of terms, can be found at: http://www.myisic.com
In addition, each student is covered by their Landmark College Student Health Insurance policy (if this was purchased) and/or an individual family policy.

Staffing

Each Landmark College Study Abroad program is staffed by experienced leaders. Study Abroad Directors are Landmark College employees with extensive experience working with students with learning differences. Program Directors, who are primarily responsible for coordinating in-country logistics and activities, typically have experience living or working in the host country. Academic Directors are Landmark faculty with an expertise in their particular academic discipline. Directors are available to provide students with one-on-one support for academic and student-life issues.

Communication

Communication is important for the safety and effectiveness of our programs. Study abroad staff based in Putney, Vermont, remain in contact with Program Directors during each trip. A designated primary contact person working at the Putney campus is responsible for fielding questions, requests for information, and managing any emergency situation. The Program Director provides updates to our staff in Putney including notification of safe arrival at the final Program country destination. Students are also encouraged to contact their parents when they arrive in the Program country, and as needed during the trip. Program Directors are accessible by phone, and when possible by Skype, to communicate with students and Study Abroad Program staff working in Putney.

Important Information

Study Abroad Program staff and faculty check a variety of sources for information pertaining to Program safety, including government and news media websites for current information about health and safety issues. Each student is requested to complete a Study Abroad Health Form in which they are asked information about their personal health history, current health concerns and medications. This information is essential in providing appropriate support to students on Study Abroad.

Students and their families are provided with essential information documents with flight information and itineraries, emergency phone numbers, and contact information for the places they will be staying. This information is also included in the Program Handbook which is available on the program webpage.

We realize that occasionally students make individual and short-term travel plans during a Program. Students are required to leave their itinerary and contact information at any place(s) they intend to visit with the Country Director. We strongly recommend they inform their families of their individual plans to travel separately from the Program itinerary.

Program Handbook

The comprehensive Program Handbook contains both general information about Study Abroad programs, as well as information specific to each program. The handbook contains all the information listed above as well as:

- Lists of things to do to prepare for the trip, what to bring, what not to bring, and what not to bring back to Landmark College.
- Recommended articles, books, and websites for information about the country and region where the Program will take place.
- The syllabus for the course, a program description, and itinerary.
- Guidelines and information about money, housing, meals and other expenses, and means of communication in the Program country.
- How to access help for academic difficulties or other problems.
- Responsibilities and expectations with regard to Health and Safety.

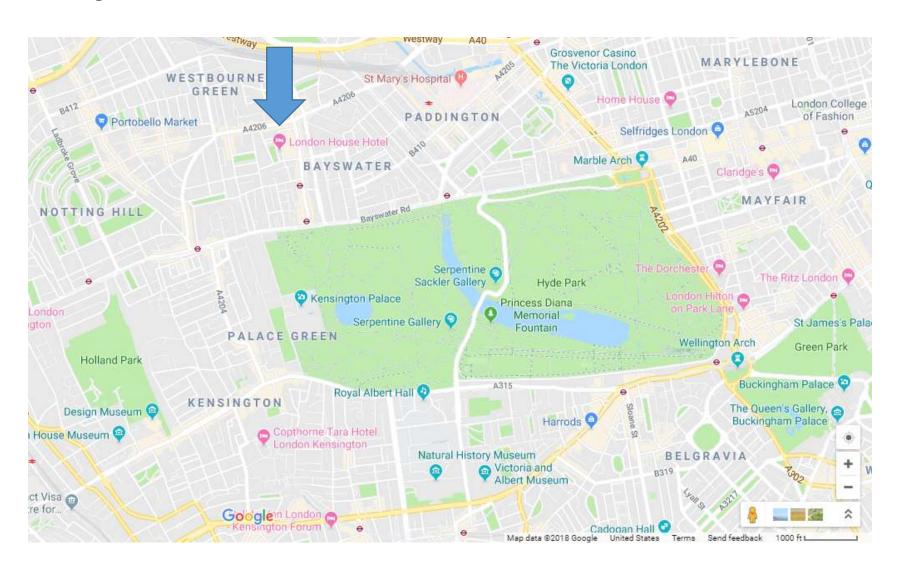
 The Landmark College Conditions of Participation document includes Intervention Procedures in case of violation of existing Student Codes-of-Conduct, which remain in effect during the Program.

Orientation

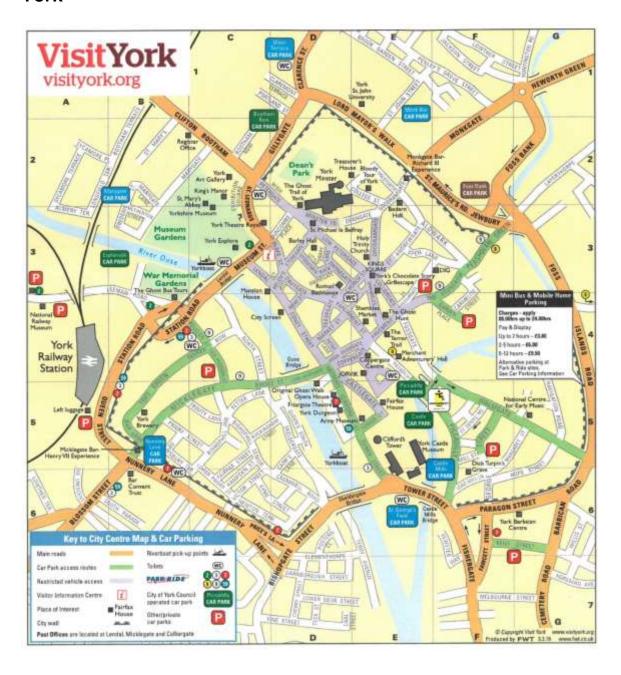
During orientation meetings prior to departure, Study Abroad Directors carefully review such topics as Health and Safety requirements, travel tips, local customs, guidelines for appropriate behavior and dress, as well as laws and policies related to alcohol and/or drug use. The Directors also provide participants with specific safety guidelines to follow, including who to contact for special needs or in case of emergency. Orientations, which are mandatory for all students, are considered the start of the academic course.

Maps

Our neighborhood in London



York



St. Albans



Roman Theatre of Verulamium 4.2 ★★★★ (122)

Archeological site with a Roman theater

Ruins of a Roman theater with a stage constructed circa 140 AD in a serene countryside setting.



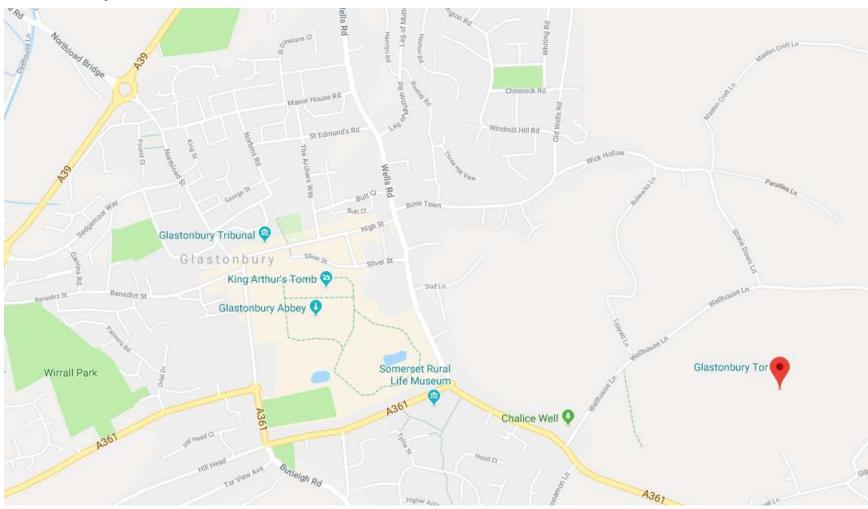
St Albans Cathedral 4.7 ★★★★ (697)

Prominent building in contrasting styles

Free daily tours amid medieval artworks, plus trips up the tower in this landmark Norman cathedral.



Glastonbury



Canterbury



London Underground ("the Tube")

