TRANSITION TO COLLEGE PROGRAM
FOR FIRST-YEAR COLLEGE STUDENTS

LANDMARK COLLEGE • PUTNEY, VERMONT
Friday, July 21 – Saturday, August 5, 2017
Making the transition from high school to college is an exciting and rewarding process, but it does pose some challenges.

Do you know a student who struggles with time management, organization, or sustained attention? They may benefit from attending Landmark College’s Transition to College Program.

Even high achieving first-year college students can face unanticipated challenges at college. These issues arise not from lack of ability, but because of the enormous jump in independence required to successfully navigate the college environment.

Landmark College’s Transition to College Program helps prepare students for the challenging transition from high school to college, and from home to residence hall. Students are immersed in a living and learning experience that offers a real taste of college-level work and the challenges that they will encounter. They develop a clear understanding of their personal learning strengths and needs, and discover how various resources and self-advocacy can boost their success in college.

To support a smooth transition to their college or university, students work on a personal plan that will allow them to find success more easily during the transition to college.
THE ACADEMIC PROGRAM

Students in this program take a core course based on the first few weeks of a typical introductory college lecture course. Students also participate in seminars on Learning Skills and College Writing that connect directly to the content of the core lecture course. Students choose from a selection of additional workshops that introduce them to strategies that will help them navigate through some of the challenges they may face as they start their college careers.

Together, the program courses, seminars, and workshops help students to:

- Create a personalized plan of action to support their transition to college
- Discover strategies for working with the different teaching styles and course formats they will experience in college
- Become familiar with the requirements for academic writing, including researching topics, source citations, and meeting multiple deadlines
- Learn about process strategies for approaching academic writing tasks
- Review and practice the study skills essential for success in introductory college courses, including note taking, active reading, test preparation, and time management
- Discover personal learning strengths and difficulties as the basis for strategy development, self-advocacy, and the use of college resources

Courses and Workshops

CORE COURSE: COLLEGE LECTURE  This class, which covers the first few weeks of a typical introductory college course, presents students with some of the challenges of lecture-style teaching, handling a college-level reading load, taking a unit exam, and writing a research paper.

LEARNING SKILLS SEMINAR In this seminar, students learn about the study skills and strategies required in college — including organization, active reading, note taking, and test preparation — and explore the use of assistive technology.

This class includes opportunities for students to consider different ways to approach various challenges they will face, including reading load, time management, and prioritization. Students are asked to analyze their own performance in the core lecture and identify areas of strength and relative weakness, allowing them to better identify essential strategies for future college work. The instructor also serves as an academic advisor, working with students to help each develop a plan for using newly learned skills in future class work and learning environments.

COLLEGE WRITING SEMINAR  Writing for college courses is much different than writing for high school. This seminar reviews some of those differences and helps students to move from summarizing a reading assignment to analyzing the reading assignment. Other college writing basics, such as writing in drafts, using sources while avoiding plagiarizing, and writing succinctly, are also covered.

CO-CURRICULAR WORKSHOPS  Students participate in a series of additional workshops designed to encourage development of self-understanding and self-advocacy. Workshop sessions introduce students to assistive technology, using the library to research and write a paper, the neurological basis of learning differences, and laws related to learning disabilities, ADHD, and ASD in college settings. Students also learn about community living, lifestyle choices, medication, health, and leisure time.
In this program, students share and address their biggest concerns about going to college:

“Being able to finish assignments on time and making sure they don’t pile up.”

“The increased responsibility of being in charge of my own schedule.”

“Time management.”

“Handling the increased work load.”

“Losing track of assignments and projects.”

“Turning things in on time.”

“Organization and independence.”

“Finding time to stay healthy.”

“The social aspect.”

Weekend Programs
During the program’s two weekends, students have the opportunity to participate in well-planned group activities that are designed to be more than fun experiences; they also teach students how to handle themselves in a group of new peers. Students spend at least one day working as a team, helping them to further develop critical skills such as cooperation, trust, effective communication, commitment, and leadership — skills that will assist them in their journey toward becoming more effective and independent learners.

Residential Life
Students experience a true college-living situation during their 15-day stay on campus. Students live with other Transition to College Program students in single-gender, double-occupancy residence hall rooms. The residence hall is staffed by a professional Resident Director (RD) and college-aged mentors known as Resident Assistants (RAs). This team helps students to bridge the gap between their classroom experiences and the rest of their day and evening. The RD and RAs (all of whom have experience transitioning from high school to college) help students to engage in the overall learning community, ensure a safe and secure living and learning experience, and help students to overcome some of the challenges they may face outside the classroom during their first semester at college.

About Landmark College: Landmark College is the college of choice for students with learning disabilities (such as dyslexia), ADHD, ASD, and gifted LD. We have over 30 years of experience in developing innovative academic strategies and techniques for students who learn differently. Landmark College offers two- and four-year degrees that prepare students for careers or for further education in their fields.

For More Information
For questions or assistance concerning Landmark College’s Transition to College Program, please contact the Landmark College Admissions Office.

Telephone: 802-387-6718
Email: admissions@landmark.edu
Website: landmark.edu/summer
Applying for Admission
Transition to College Program for First-Year College Students

Students applying for admission to Landmark College’s Transition to College program for college-bound seniors are not required to have a diagnosed learning disability.

Landmark College • Putney, VT
Friday, July 21 – Saturday August 5, 2017
Tuition, Room & Board: $3,630 (Need-based Financial Aid is available)
Application Deadline: Rolling

Application Checklist

To be considered for admission to this program, you must submit the following application materials:

- Completed and signed application
- Official high school transcript of work completed to date*
- Letter of admission to a four-year college or university*
- Two letters of recommendation
- Parent statement
- $25 application fee, check made payable to Landmark College
- Telephone or on-campus interview

* These materials must be submitted prior to the start of the program if unavailable at time of application. Because space is limited, you are advised to apply as soon as possible, even if you do not yet have these documents in hand.
Being with other incoming freshman was a great learning experience. I gained confidence in myself and my ability to succeed in college.

A Sampling of the Home Colleges and Universities Represented by Participants in the Transition to College Program

Alfred University
Bennington College
Bowling Green State University
Canisius College
Connecticut College
Dartmouth College
Drew University
Drexel University
Evergreen College
Florida Agricultural & Mechanical University
Fordham University
Franklin & Marshall College
Goucher College
Ithaca College
Johnson & Wales University
Loyola University (New Orleans)
Manhattanville College
McDaniel College
McGill University
Minneapolis College of Art & Design
Muskingum University
New York University
Pace University
Pennsylvania State University
Pratt Institute
Rochester Institute of Technology
Rutgers University
St. Bonaventure University
Skidmore College
Smith College
Syracuse University
University of Massachusetts Amherst
University of Oregon
Washington University
Worcester Polytechnic Institute

“Being with other incoming freshman was a great learning experience. I gained confidence in myself and my ability to succeed in college.”

OTHER LANDMARK COLLEGE SUMMER PROGRAMS

Landmark College also offers a High School Summer Program for Rising Juniors and Seniors, which includes a Social Pragmatics Track for students with ASD.

The College also conducts a Summer Session for Visiting College Students, for currently enrolled college students who are struggling in their studies.

Details can be found at landmark.edu/summer.
Application for Transition to College Program

Please answer all questions completely. Please print clearly or type.

Today's Date

Month/Day/Year

ABOUT YOU

Legal Name __________________________________________________________________________________________________

First                                     Middle                                           Last

Address  ____________________________________________________________________________________________________

City  ________________________________________________  State   ____________________   Zip ________________________

Home Phone ( ____ ) ______ – ________      Work Phone ( ____ ) ______ – ________

Cell Phone ( ____ ) ______ – ________    Primary Email Address ______________________________________________________

Legal Gender:  ☐ Male    ☐ Female    ☐ Self-Identity: _____________________________________________________________

Date of Birth _____ / _____ / _____

Chosen Name________________________________________________________________________________________________

COLLEGE INFORMATION

I have been accepted at: _______________________________________________________________________________________

Name of College

I have applications pending at: ___________________________________________________________________________________

Name of College

Have you ever applied to Landmark College?  ☐ Yes  ☐ No     If yes, when: ___________________________________________

Have you previously attended any Landmark College programs?  ☐ Yes  ☐ No

If yes, when:_______________________________________________________________________________________________

(continued)
CITIZENSHIP

Are you a U.S. citizen? □ Yes □ No If no, what is your country of citizenship? ________________________________

If other than a U.S. citizen, please give citizenship status and visa needs: ________________________________________________

ADDITIONAL INFORMATION (optional)

Race/Ethnicity information is optional. Information you provide will not be used in a discriminatory manner.

Are you Hispanic or Latino? □ Yes □ No (If yes, country of family’s origin: ________________________________)

How would you describe your racial background? (select one or more of the following categories):

□ Asian (country of family’s origin: ________________________________)
□ Native Hawaiian or Other Pacific Islander
□ Black or African American
□ White
□ American Indian or Alaska Native

ABOUT YOUR EDUCATION (attach additional sheets if necessary)

High School Information

Please list below the high schools you have attended or are attending (most recent first):

<table>
<thead>
<tr>
<th>Name(s) of High School(s)</th>
<th>City &amp; State</th>
<th>Dates of Attendance (From/To) Mo/Yr</th>
<th>Expected Date of Graduation</th>
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Have you taken the SAT or ACT? □ Yes □ No If yes, when? ____________________   ____________________
                                                 Month/Year                                Month/Year

If yes, what were your scores: SAT Writing ____________________ SAT Math ____________________
SAT Critical Reading ____________________ ACT Composite ____________________

Have you been diagnosed with a learning disability, ADHD, or ASD? □ Yes □ No

If yes, when and what was the diagnosis? ________________________________

What academic courses do you find most difficult? ________________________________

What academic courses do you most enjoy? ________________________________

What academic supports, if any, have helped you in the past? ________________________________
What skills and strategies do you hope to develop by participating in Landmark College’s Transition to College Program?

____________________________________________________________________________________________________________
____________________________________________________________________________________________________________
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Who or what led you to apply to Landmark College’s Transition to College Program?

____________________________________________________________________________________________________________
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Please list your employment history (most recent first):

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<th>Job or Activity</th>
<th>Position or Duties</th>
<th>Dates Employed: From/To</th>
<th>Hours per Week</th>
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</table>

What have you done in life that has made you the most proud?

____________________________________________________________________________________________________________
____________________________________________________________________________________________________________
____________________________________________________________________________________________________________

Have you ever been placed on probation, suspended, removed, dismissed, or expelled from any school or academic program since 9th grade?  □ Yes  □ No

If yes, please explain:

____________________________________________________________________________________________________________
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(continued)
Other than traffic offenses, have you ever been convicted of a misdemeanor, felony, or other crime?  □ Yes  □ No

If yes, please explain: __________________________________________________________
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ABOUT YOUR FAMILY

Parent/Guardian 1 □ Parent □ Guardian ____________________________________________

Home Address (if different than yours) _____________________________________________
City ___________________________ State _______ Zip _____________
Home Phone ( ________ ) __________ – ________________ Cell Phone ( ________ ) __________ – ________________
Name of Employer _________________________________________ Job Title _________________________________
Work Phone ( ________ ) __________ – ________________
Work Mailing Address ________________________________________________
Email Address _______________________________________________________________________

Parent/Guardian 2 □ Parent □ Guardian ____________________________________________

Home Address (if different than yours) _____________________________________________
City ___________________________ State _______ Zip _____________
Home Phone ( ________ ) __________ – ________________ Cell Phone ( ________ ) __________ – ________________
Name of Employer _________________________________________ Job Title _________________________________
Work Phone ( ________ ) __________ – ________________
Work Mailing Address ________________________________________________
Email Address _______________________________________________________________________
With whom do you reside?  □ Both  □ Parent/Guardian #1  □ Parent/Guardian #2  □ Other (please explain) ___________
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Please list names and ages of your siblings, and colleges attended, if any.
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How did you first learn about Landmark College’s Summer Programs?  (Check all that apply)

□ Brochure
□ Educational Professional
□ Email
□ Family Member or Parent
□ Friend or Colleague
□ Health Professional
□ Landmark Graduate or Current Student
□ Social Media
□ Internet Search
□ Digital Ad
□ Other ____________________________________________
  Please specify
Applicant Statement

By applying to Landmark College’s Transition to College Program and signing this application for admission, I indicate my understanding that the Transition to College Program is a 15-day residential program that includes academic coursework and co-curricular workshops, as well as recreational activities. I understand that I must be prepared to attend class meetings and do nightly coursework. I recognize that students who are motivated to meet the program’s standards and expectations generally realize the steps required to achieve success in a collegiate setting. I also understand that students not prepared to work within the structure and expectations of the program, or who may have issues secondary to academic performance that require their focus, may have difficulty achieving the learning outcomes of the program.

My signature below indicates that the information in my application is correct, inclusive, and honestly presented.

Signature of Applicant ___________________________________________    Date __________________________________

Landmark College admits students of any race, color, and national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available to students at the school. It does not discriminate on the basis of color, gender, national and ethnic origin, or sexual orientation in the administration of its educational policies, scholarship and loan programs, and athletic and other College-administered programs.

Mail completed form to:
Transition to College Program, Office of Admissions, Landmark College, 19 River Road South, Putney, VT 05346
Parent or Guardian Statement
Transition to College Program

Today's Date

Student's Name ______________________________________________________________________________________________
First                                     Middle                                           Last
Parent's Name _______________________________________________________________________________________________

As a parent/guardian, you have spent more time with your child than anyone else. Therefore, you are being asked to
share your insights on this form. Please rate how much of a challenge each of the following is with regard to your
student's overall achievement:

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<th>Not A Challenge</th>
<th>Slight Challenge</th>
<th>Moderate Challenge</th>
<th>Challenge</th>
<th>Major Challenge</th>
<th>No Basis for Judgment</th>
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<tbody>
<tr>
<td>Building and maintaining friendships</td>
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<td>Dealing with conflict</td>
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<td>Group activities</td>
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<td>Social interactions</td>
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In what areas have you witnessed the most development and growth in your child?  ________________________________

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What are your child’s most notable personality traits? _____________________________________________________________
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Please provide a brief overview of your child’s personal learning style. You are also invited to briefly share any concerns you may have or additional background that you feel would be helpful: __________________________________________________
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Please mail completed form with application or send separately to:
Transition to College Program, Office of Admissions, Landmark College, 19 River Road South, Putney, VT 05346-8517
Recommendation #1
Transition to College Program

Today's Date

1. INSTRUCTIONS FOR THE STUDENT
This recommendation form should be completed by a teacher, counselor, or professional who knows you well. Please do not ask a relative or personal friend for a recommendation. Once you have decided who will write your recommendation, please complete lines A and B below. Then give this form to the person whom you have selected. He or she should return the completed form directly to Landmark College.

a. Name of Student __________________________________________________________________________________________
   First                                     Middle                                           Last

b. Person Writing Recommendation _____________________________________________________________________________

2. INSTRUCTIONS FOR THE RECOMMENDATION WRITER
The above-named student has applied to the Landmark College Transition to College Program. One of the goals of this program is to expose students to strategies and skills that would allow them to be more effective and independent learners in a collegiate atmosphere.

Please complete in full the reverse side of this form. We ask you to candidly share your thoughts about this student's specific challenges, motivation, academic performance, honesty, ability to set realistic goals, interpersonal skills, sense of humor, and any other observations relevant to this student's performance. Because of the specialized nature of our program, any information that would help us to respond successfully to the student's needs in terms of the transition from high school to college is especially helpful. On a separate sheet, please include any additional comments you think might assist us in evaluating this student's application.

Confidentiality Policy
Your effort to realistically assess the potential of this candidate is greatly appreciated. This form and any additional comments/recommendation you provide will be used for admission and advisement purposes by Landmark College for its Transition to College Program.

Recommender’s Signature __________________________________________________    Date _____________________________

Recommender’s Title _________________________________________________________________________________________

Relationship to Student __________________________   Years Acquainted with Student _________________

Address  ____________________________________________________________________________________________________

City ______________________________________________________________  State __________  Zip ______________________

Telephone ( _______ ) _______ – _______________ Email Address ____________________________________________________

(continued)
**STUDENT RECOMMENDATION**

Please rate how much of a challenge each of the following is with regard to this student's overall achievement:

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I recommend this student for studies at the Landmark College Transition to College Program

☐ Enthusiastically ☐ With reservation ☐ Do not recommend

Please provide additional comments that might assist us in evaluating this student's attitude, motivation, and potential to succeed in Landmark College's Transition to College Program

____________________________________________________________________________________________________________

____________________________________________________________________________________________________________

____________________________________________________________________________________________________________

____________________________________________________________________________________________________________

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____________________________________________________________________________________________________________

Recommender's Signature ________________________________ Date ________________

Please mail completed form to:
Transition to College Program, Office of Admissions, Landmark College, 19 River Road South, Putney, VT 05346
Recommendation #2
Transition to College Program

Today’s Date

1. INSTRUCTIONS FOR THE STUDENT
This recommendation form should be completed by a teacher, counselor, or professional who knows you well. Please do not ask a relative or personal friend for a recommendation. Once you have decided who will write your recommendation, please complete lines A and B below. Then give this form to the person whom you have selected. He or she should return the completed form directly to Landmark College.

a. Name of Student __________________________________________________________________________________________
   First                                     Middle                                           Last

b. Person Writing Recommendation _____________________________________________________________________________

2. INSTRUCTIONS FOR THE RECOMMENDATION WRITER
The above-named student has applied to the Landmark College Transition to College Program. One of the goals of this program is to expose students to strategies and skills that would allow them to be more effective and independent learners in a collegiate atmosphere.

Please complete in full the reverse side of this form. We ask you to candidly share your thoughts about this student’s specific challenges, motivation, academic performance, honesty, ability to set realistic goals, interpersonal skills, sense of humor, and any other observations relevant to this student’s performance. Because of the specialized nature of our program, any information that would help us to respond successfully to the student’s needs in terms of the transition from high school to college is especially helpful. On a separate sheet, please include any additional comments you think might assist us in evaluating this student’s application.

Confidentiality Policy
Your effort to realistically assess the potential of this candidate is greatly appreciated. This form and any additional comments/recommendation you provide will be used for admission and advisement purposes by Landmark College for its Transition to College Program.

Recommender’s Signature __________________________________________________    Date _____________________________
Recommender’s Title _________________________________________________________________________________________
Relationship to Student ___________________________________________________ Years Acquainted with Student _________________
Address ____________________________________________________________________________________________________
City ______________________________________________________________  State __________  Zip ______________________
Telephone ( _______ ) _______ – _______________ Email Address ____________________________________________________

(continued)
**STUDENT RECOMMENDATION**

Please rate how much of a challenge each of the following is with regard to this student’s overall achievement:

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Not A Challenge</th>
<th>Slight Challenge</th>
<th>Moderate Challenge</th>
<th>Challenge</th>
<th>Major Challenge</th>
<th>No Basis for Judgment</th>
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<tbody>
<tr>
<td>Building and maintaining friendships</td>
<td>☐</td>
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<tr>
<td>Dealing with conflict</td>
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<td>Group activities</td>
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<td>Homework completion</td>
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<td>Making conversation</td>
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<td>Note taking</td>
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<td>Self-advocacy</td>
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<td>Self-discipline</td>
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<td>Social interactions</td>
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<td>Sustained attention</td>
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<td>Working independently</td>
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</tr>
</tbody>
</table>

I recommend this student for studies at the Landmark College Transition to College Program

☐ Enthusiastically  ☐ With reservation  ☐ Do not recommend

Please provide additional comments that might assist us in evaluating this student’s attitude, motivation, and potential to succeed in Landmark College’s Transition to College Program

_________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________________

Recommender’s Signature _____________________________________________ Date ______________________

Please mail completed form to:
Transition to College Program, Office of Admissions, Landmark College, 19 River Road South, Putney, VT 05346
Students from all over the country choose Landmark College's summer programs to develop a greater understanding of their personal learning styles, discover new learning strategies, and prepare for success throughout their academic journey.

“Simply put, Landmark College knows how to serve students who learn differently better than any other place on earth.”

Princeton Review's K&W Guide
TRANSITION TO COLLEGE PROGRAM
FOR FIRST-YEAR COLLEGE STUDENTS

For More Information
For questions or assistance, contact Landmark College's Office of Admissions.

Telephone: 802-387-6718
Email: admissions@landmark.edu
Website: landmark.edu/summer