



October 26, 2009

Dear Parent or Family Member,

As you are aware Landmark College has been following developments regarding the H1N1 flu (swine flu) for several months. You have received updates previously on our planning. I am pleased to be able to tell you that so far there have been no confirmed cases of H1N1 flu on campus.

I am writing today to inform you that we have received our first supply of 100 doses of H1N1 vaccine from the State of Vermont. It is in the form of a nasal spray. We are making available this supply of vaccine to students on a first come first serve basis. The H1N1 vaccine is free of charge. We will continue to seek additional supply as well.

Please note that there are certain limitations which may restrict the application or use of the nasal form of vaccine. Those who should not be given the nasal spray include anyone who:

- is pregnant
- is moderately or severely ill
- has long term health problems such as heart, lung, kidney, liver or metabolic diseases (such as diabetes), asthma, anemia or other blood disorders, or muscle or nerve disorders (such as cerebral palsy)
- has a weakened immune system or is in close contact with a person with a severely weakened immune system

As you are likely aware there have been delays in the production of the vaccine nationally. We will update students regularly when more vaccine becomes available. We don't know at this time when that will be or what form it will take, nasal spray or injection. You should encourage your student to remain alert to opportunities here at school or at home to receive the vaccine.

I should note also that we were successful in encouraging twice as many students as the previous year to receive the regular flu shot during an early October clinic. Some doses of that vaccine remain available as well at Student Health Services. The regular vaccine costs \$20 and can be charged to the student's account.

You may find updates from the College regarding the flu at <http://www.landmark.edu/pandemic-flu/index.cfm>. That link includes contact information regarding individuals at the College who can answer your specific questions. We hope you and the rest of your family are well. Please be assured that the health and safety of your student is our highest priority.

Sincerely,

A handwritten signature in blue ink that reads "Stephen Camp".

Stephen Camp  
Vice President for Student Affairs