



Brattleboro Memorial Hospital
Caring for our Community

Date: 11/5/2009

Landmark College
PO Box 820
Putney Road
Vermont, 05346

Dear Administration,

Brattleboro Memorial Hospital is preparing to have in place measures for increased patient admissions due to complications from influenza. Toward that effort, we are reminding colleges that it is important for students with influenza like illness (ILI) to stay home or at their student lodging for at least 24-48 hours after the fever or symptoms have subsided to avoid spreading the disease. Most cases are mild and resolve by themselves. Students should consult first with the school infirmary or doctor early on. If symptoms become acute or they are at high risk of complications emergent medical treatment may be required. High risk complications include:

- Have chronic pulmonary, cardiovascular, hepatic, hematological, neurologic, neuromuscular, or metabolic disorders
- Have immunosuppression (caused by medications or HIV)
- Have acute symptoms such as difficulty breathing or shortness of breath, pain or pressure in the chest or abdomen, sudden dizziness, confusion, severe or persistent vomiting.

We would appreciate your assistance in directing students appropriately so that we are able to treat those that do require emergent or acute medical treatment.

Thank you for your help

Sincerely,

David Albright, MD
Chief Medical Officer
Brattleboro Memorial Hospital
1-802-257-8417